

FAMILIES HELPING FAMILIES

RESOURCE GUIDE



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Our mission is to enable and empower individuals with disabilities and their families by providing information, referral, education, training, peer support, and advocacy skills.

Our vision is that all individuals with disabilities have the opportunity to attend school, live, work and play in their own community.

Table of Contents

FHF SWLA Fact Sheet	3
Food & Clothing Services	4-6
Housing Assistance	6-7
Housing Authorities	7-8
Utility Assistance	8
Emergency & Homeless Shelters	9
Housing Repairs	10
FEMA Assistance	10
Case Management & Multi-Assistance Agencies	10
Elderly Assistance	10-12
Employment	12
Family Services	13
Transportation	13-14
Legal Assistance	14
Daycare Referrals	14
Autism Resources	14-15
Referral Services	15-16
Education	16-17
Counseling Services	17-18
Mental Health Services	18
Addiction Disorder	18
Counseling-Personal & Family	19
Hospitals with Mental Health Programs	19
Psychiatrists	19
Emergency Medication	20
Medication Assistance & Physical Health or Disabilities Services	20-21
Medical Facilities	21-22

FHF SWLA Fact Sheet

Our community includes Allen, Beauregard, Calcasieu, Cameron, and Jeff Davis parishes.

Our mission is to enable and empower individuals with disabilities and their families. by providing information, referral, education, training, peer support, and advocacy skills.

Our vision is that all individuals with disabilities could have the opportunity to attend school, live, work, and play in their own community.

Information and Referral

IMCAL Developmental Disabilities Support and Information Coordinator Trained specialist is funded by the Developmental Disabilities Division of Imperial Calcasieu Human Services Authority to assist families to find and receive appropriate services and support in their community and facilitate the Family Empowerment Forum each year.

Education and Training

Louisiana Department of Education – Education Support Specialists

Conducting ongoing, rigorous, and strategic family outreach in the supported parishes of Beauregard, Calcasieu, Jefferson Davis, and Cameron. Our Education Support Specialists help parents and family members learn to effectively collaborate with the school system to facilitate a free appropriate public education for students with special education needs.

LaCAN – Louisiana Council’s Advocacy Network

LaCAN advocates for service systems that support children and adults with disabilities to live in their own homes and be fully-included and participating members of their local schools and communities. LaCAN provides information and support to individuals wishing to effectively advocate for systems change in the areas of home and community-based services, education, and employment.

Peer Support

EarlySteps Community Outreach Specialist

The program offers community awareness and parent support for the EarlySteps program. The specialist is a parent of a child with a disability who is under the age of ten and can offer parental support as well as information and referral.

Bureau of Family Health Project - Community Resource Specialist

Our BFH Community Resource Specialist works with Children and Youth with Special Health Care Needs and their families to provide information, resources, and support.

Next Chapter Book Club (NCBC)

NCBC provides people with disabilities regardless of their reading skills the opportunity to read and learn to read, talk about books, and make friends in a fun, community setting.

Individual Coaching & Peer Support

All program staff either have a child with a disability or have a disability themselves and/or some of us fit both of those criteria. Because we have unique experiences accessing services and specific training, we can provide individual peer support and coaching to parents and people with disabilities.

In addition to these programs, the following resources are available at the FHF Resource Center:

Peer to Peer Support; Speakers Bureau on topics related to disabilities; Workshops, Webinars, Conferences and Presentations on a variety of topics for individuals with disabilities, family members and professionals; and a quarterly email newsletter.

FHF SWLA is funded from a diversified funding base including tax deductible donations, personal contributions, special event fund raisers, contracts, grants, and contributions from community organizations and the Louisiana Developmental Disabilities Council. The philosophy of parent/professional collaboration is inherent in FHF SWLA. FHF SWLA has always, and still shares its expertise with other parents, who wish to enhance their leadership skills, start a group, particular program, or center. FHF SWLA does not endorse or promote any legislation, institutions, and/or individuals, methods of treatment or therapy.

All services are free to families and professionals.

Food & Clothing Services

Abraham's Tent

(337) 721-7211 (2424 Fruge Street, Lake Charles LA 70601)

- Lunches are served 11:30 AM to 12:30 PM six days a week. (Monday to Saturday)

Allen P. August Multi-Purpose Center Annex / Calcasieu Parish Police Jury Human Service Department

(337) 721-4020 Fax: (337) 721-4184 (2000 Moeling Street, Lake Charles LA 70601)

- Food for seniors. Third Friday of each month.

Beauregard Community Action Association, Inc.

(337) 463-7895 Fax: (337) 463-8382

(2575 Hwy 190 W DeRidder LA 70634 – near Beauregard Council on Aging & Beauregard Mental Health)

- Food for seniors, Low Income Home Energy Assistance (LIHEAP). Must call for eligibility requirements and availability.

Catholic Charities of SWLA www.catholiccharitiesswla.com/

(337) 439-7436 Fax: (337) 439-7435 (1225 2nd Street, Lake Charles LA 70601)

- Serves Allen, Beauregard, Calcasieu, Cameron, and Jeff Davis parishes.
- Food Pantry is on the 3rd Friday each month from 9 AM to 12 PM

Calcasieu Council on Aging Meal Sites

For ages 60+. Before you can begin receiving meals at the sites, you must have an assessment form filled out and sign up the day before you plan to eat. Most sites are open Monday to Friday from 10 AM to 12 PM.

Monthly menus are available. Meals are free but we will accept donations. Suggested donation is \$3.00 per meal.

- Sulphur - 601 Maple Street (337) 527-4574
- Whispering Hope - 2501 Griffin Street (337) 436-6871

Christian World

(337) 475-0157 Fax: (337) 475-0159 (2001 East Gauthier Rd, Lake Charles LA 70607)

- Food pantry serves 4 zip codes: 70605, 70607, 70630, and 70646. Open the 1st Saturday of each month from 9 AM to 11 AM - Must have Photo ID, proof of address and income for everyone in the household.
FOOD ONLY!

Community Outreach Center

(318) 419-3292 ask for Rolanda Hebert Fax: (337) 786 3535

(1006 E 4th Street, DeQuincy LA 70633)

- Food Pantry & Thrift Store for residents of 70633 & 70660
- Open every Tuesday of the month, 8 AM to 12 PM
- Bring: Proof of Income, Photo ID, Proof of Residence

First Baptist Church of Sulphur

(337) 527-5231 (401 S Huntington Street, Sulphur LA 70663)

- **Food Pantry ONLY**

Food Stamps & Governmental Food Assistance (La. Dept. of Children & Family Services)

1-888-524-3578 (1-888-LAHELPU) www.dcfsls.gov

- Supplemental Nutrition Assistance Program (SNAP), Louisiana Combined Application Project (LaCAP), Child Care Assistance Program (CCAP), Family Independence Temporary Assistance Program (FITAP), and Kinship Care Subsidy Program (KCSP)

Glad Tidings Food Pantry (will do emergency if needed)
(337) 564-7177 (3501 Texas Street, Lake Charles LA 70607)

- Monday to Thursday 9 AM to 11:30 AM - Bring a Photo ID and proof of gross income and Social Security cards for every member of the household and a copy of the current household bill with home address.
- Can use it once every 30 days.
- Only serving those in area codes 70605, & 70607

God's Food Box (A Ministry of Beauregard Ministerial Alliance)

(337) 463-4449 (426 McMahan St / PO Box 1245, DeRidder LA 70634)

- Provide food for families in Beauregard Parish and parts of Vernon Parish from Rosepine to Bailey Rd.
- Open Tuesday to Thursday from 10 AM to 1 PM
- Recipients must verify residency, income and have picture I.D. ALL household members are counted as one family and income of all must be counted.
- Income levels are the same as those used for Food Stamps
- Clients can receive Food Stamps and Quarterly Commodities and still qualify for benefits with the Food Box.

Greater St. Mary Missionary Baptist Church/ F.H. Dunn Resurrection Center

(337) 433-0122 If no answer (337) 302-4456 Fax: (337) 494-7946 (1401 Moeling Street, Lake Charles LA 70601)

- Offering food only on Tuesday 10 AM to 2 PM
- Offering clothing only on Monday, & Wednesday to Friday 10 AM to 2 PM Some school uniforms are available.
- Must have proof of income and valid Photo ID.
- Emergency food boxes upon request.

Jeff Davis Council on Aging

(337) 824-5504 Fax: (337) 616-8622 (210 S State Street, PO Box 734, Jennings LA 70546)

- Public transit, meals on wheels and congregate meal site, homemaker, respite care, wellness program, recreation, Acadian on-call, material aid, and transportation – elderly (60 and above), public & Medicaid available. Food pantry for 60 and over

Manna Ministries – St. Luke Simpson United Methodist Church

(337) 802-3729 (1500 Country Club Road, Lake Charles LA 70605)

- Every Wednesday 9 AM to 11 AM for food assistance. (Can use once a quarter.)

Salvation Army Center of Hope

(337) 721-8068 Fax: (337) 721-8069 (3020 Legion Street, Lake Charles LA 70615)

- Monday to Friday 8 AM to 3 PM
- Photo ID, SSN, Proof of Income, Utility Bill for Entergy ONLY for 60 yrs. and older
- Must have a food stamp letter from the Food Stamp Office.

Second Harvest Food Bank of Greater New Orleans & Acadiana (www.no-hunger.org)

(337) 237-7711 (Lafayette); Benefit Hotline 1-855-392-9338

- Food distribution to established food pantries and feeding sites & emergency/disaster supply.
- 8 AM to 12 PM & 1 PM to 4 PM Monday-Friday (Lafayette office)

Shepherd's Inn Outreach of United Christian Fellowship Church

(337) 433-1517 (2802 Opelousas Street, Lake Charles LA 70615 – In the yellow house)

- Food and clothing on Tuesday 9 AM to 12 PM. Also, Christian counseling and free Bibles.
- Bring a Photo I.D. and can use it once every 30 days.

South Beaucare Ministry

(337) 526-1825 Contact: Larry & Linda Harvey (2465 Texas Eastern Rd. Ragley LA 70657)

Serves only Longville & Ragley areas

- Bring Photo ID, Bills, and Proof of income.
- Food Only on Tuesday 9 AM to 11 AM and Thursday 2 PM to 4 PM

Westlake United Methodist Church

(337) 433-8424 Fax (337) 433-9905 (704 Johnson Street / PO Box 536, Westlake LA 70669)

- Food Pantry for residents of the Westlake, Longville, Ragley, Mossville, and Moss Bluff areas operating Monday and Friday 9:30 AM to 10:30 AM, Wednesday 5 PM to 6 PM; Bring a Photo ID, Proof of Residence, & Proof of Income

Water's Edge Gathering www.watersedgegathering.com

(337) 478-3305 (2760 Power Centre Parkway Lake Charles LA 70607)

- Food Pantry Thursday 10 AM to 1 PM

Housing Assistance

Bayou Bluff Apartments

(337) 436-5722 Fax: (337) 436-5723 (2604 Laurel Ridge Court, Lake Charles LA 70615)

- Low-income apartments that are part of the LCHA but with their own application process. Some disabled units may be available. **Waiting List** at 1900 Roscoe J Moore, Lake Charles LA 70601

Calcasieu Parish Human Services Department / Continuum of Care Access Center

www.calcasieu.gov/services/human-services/human-services-programs/continuum-of-care

(337) 721-4030 Fax: (337) 721-4180

- Open Monday through Friday 8 AM to 5 PM, & Thursday 8 AM to 3 PM
- Utility Assistance (Call for eligibility status)

Calcasieu Council on Aging HUD Section 202 Housing

- **Must be age 62 or older to apply.**
- Dequincy Elderly Housing Corporation, 301 Coward Street, Dequincy LA 70633 (337) 786-3400
- Vinton Senior Manor Corporation, 1000 Loree Street, Vinton LA 70668 (337) 589-7605
- Iowa Elderly Housing Corporation, 400 E. Miller Avenue, Iowa LA 70647 (337) 582-2450
- Whispering Hope, Inc., 2501 Griffin Street, Lake Charles LA 70601 (337) 436-6871

CARC – Housing www.carc.us (Waiting List)

(337) 433-3620 Fax: (337) 439-1886 (4100 Sen J Bennett Johnston Avenue Lake Charles LA 70601)

- HUD housing for people with developmental disabilities and meets low-income limits.

Chateau Du Lac

(337) 436-0380 (333 Mill Street, Lake Charles LA 70601)

- Apartments for individuals who are 62 or older and/or with a disability receiving SSI or SSDI.

Grand Lake Elderly Apartments (Cameron Council on Aging)

(337) 905-0381 (10104 Gulf Highway Lake Charles LA 70607) Contact Person: Lori Broussard

- Apartments for 55 years old and up who have a low income.
- Office hours are Tuesday & Thursday 8 AM to 4 PM

Kingsley Court Apartments

(337) 436-5722 Fax: (337) 436-5723 (1900 Roscoe J. Moore, Lake Charles LA 70601) **Waiting List**

- Low-income apartments that are part of the LCHA but with their own application process.

Louisiana Housing Search Service www.lahousingsearch.org

Maison D'Amis (NAMI) – Independent Living

(337) 660-3358 (401 Gerdsen, Lake Charles LA 70601)

- Apartments for mentally ill persons who qualify. Currently have a wait list.

Permanent Supportive Housing Program (A program run by Volunteers of America)

- Housing with case management assistance for a household in need of housing who has a member with a disability that qualifies them for Medicaid services, earns less than 30% AMI and **is in need of supportive services.** (337) 541-0396 ask for Kelly Davis
- <https://ldh.la.gov/page/1732>
- <https://ldh.la.gov/assets/docs/OAAS/PSH/PSH-Application.pdf>

Project Build a Future

Main # (337) 439-7191 (2306 3rd Street Lake Charles LA 70601)

- A non-profit corporation committed to building and selling quality, affordable housing.
- Target area is north of Broad Street
- Develops quality, affordable housing. And provides down payment assistance to make homes affordable.
- Provides homebuyer counseling and financial literacy services, including assistance in rebuilding credit and reducing debt.
- If interested in purchasing a beautiful, new home call the office to obtain an application.

The Road Home www.road2la.org 1-888-762-3252

- Registered applicants may receive housing assistance or buyouts.

USDA OFFICE- Rural Development Housing Programs www.rurdev.usda.gov/la

- For applications call (337) 262-6602 ext. 4 - Lafayette USDA Service Center, Monday-Friday 8 AM to 4:30 PM
- **Waiting List**

Volunteers of America Mental Health Housing Services

(337) 234-5715 or (337) 564-3212 Fax: (225) 381-7963

- Housing available for mentally ill persons who qualify.

Volunteers of America Elderly Housing in Elton

(337) 541-0396 Fax: (337) (225) 381-7963

- Apartments for 62 years old and up who have a low income. Currently have several openings.

Summer Set-Aruban Place Apartment

(337) 462-3376 (720 E North St. DeRidder LA 70634)

- HUD for at least 2 or more in the apartment

Housing Authorities

Calcasieu Parish Housing Authority

(337) 721-4030 & Fax: (337) 721-4031

DeRidder Housing Authority

(337) 463-7288 & Fax: (337) 463-3671

Dequincy Housing Authority

(337) 786-2381 & Fax: (337) 786-3204

Housing Authority of Iowla

(337) 582-6730 & Fax: (337) 582-3280

Elton Housing Authority
(337) 584-2541 Fax: (337) 639-2625

Jennings Housing Authority
(337) 824-5642 & Fax: (337) 824-5649

Kinder Housing Authority
(337) 738-2079 & Fax: (337) 584-2541

Cameron Parish Housing Authority
(337)775-2209 & (337)775-2228

Lake Arthur Housing Authority
(337) 774-3692 & Fax: (337) 774-2997

Lake Charles Housing Authority
(337) 436-7628 & Fax: (337) 436-9798

Merryville Housing Authority
(337) 825-8770 & Fax: (337) 825-8778

Oakdale Housing Authority
(318) 335-0712 & Fax: (318) 335-9326

Oberlin Housing Authority
(337) 584-2541 Fax: (337) 639-2625

Sulphur Housing Authority
(337) 527-5248 Fax: (337) 527-0681

Vinton Housing Authority
(337) 589-5331 Fax: (337) 589-3677

Welsh Housing Authority
(337) 734-2647 Fax: (337) 734-4857

[Utility Assistance](#)

LIHEAP (Low Income Home Energy Assistance Program)
(337) 721-4033 Fax: (337) 721-4184 (2000 Moeling Street, Lake Charles LA 70601)

Cameron Community Action Agency
(337) 598-5158 or (337) 905-6000 Fax: (337) 905-6500 (965 Hwy 384, Lake Charles LA 70607)

- Call for referrals 8 AM to 2 PM Monday to Thursday and 8 AM to 12 PM Friday
- Assist with rent and utilities for Cameron Parish. Also GED assistance.

Catholic Charities of SWLA www.catholiccharitiesswla.com/
(337) 439-7436 Fax (337) 439-7435 (1225 2nd Street Lake Charles LA 70601)

- Assists with rent, mortgage payments to prevent eviction, utilities, food, medical prescriptions.
- Appointment ONLY by calling on Mondays at 9 AM
- Assist with funeral.

Care Help of Sulphur
(337) 287-4793 Fax (337) 310-0199 (112 E Thomas Street Sulphur LA 70663) **Sulphur ONLY**

- Utilities, food, emergency medications, clothing and school uniforms for Sulphur residents
- Thrift stores and donations open Saturday 10 AM to 4 PM

Jeff Davis Parish Assistance Agency www.assistagency.org
(337) 824-7800 Fax: (337) 824-7805 (107 E Nezpique Street, Jennings LA 70546) **Only Jeff Davis Parish**

- Utility, legal services, SNAP, and Medicaid application. 8 AM to 3 PM Monday to Thursday
- Call for an appointment/ Emergency use only (process will take up to 2-3 weeks)
- Free Taxes
- Toys for Tots (Only Jeff Davis Parish)

St. Luke's Church-Manna Ministries
(337) 802-3729 (1500 Country Club Rd Lake Charles LA 70605) Leave a message on the voicemail for an appointment.

- Utility and Food pantry

Emergency & Homeless Shelters

ETC Transitional Living Program for Homeless Youth (337) 433-8636 Fax: (337) 433-8638

- Serves male and female homeless youth ages 18-21 years old who are drug free.
- Youth must be motivated to become employed and cooperate with program requirements.
- Youth must be cognitively and emotionally capable of living on their own.
- Housing provided in scattered site apartments throughout the community.
- Life skills and other support services provided.

ETC Harbor House

(337) 433-6739 & Fax: (337) 436-7720

- 18 bed residential facility for children ages 10-17 years old
- Provides emergency shelter services for children and youth needing a safe place.
- Serves runaway or homeless youth; youth involved with foster care or juvenile justice systems; and other children in crisis.
- Parents/guardians or other agencies can call to check eligibility.
- In general, services are provided at no cost to clients.

Freedom House – Help for Drug & Alcohol Abuse

(318) 518-3878 (1402 Highway 5, Logansport LA 71049)

- No Charge: applicant must call Brother Wayne Jones for interview.
- 18-month commitment but can stay longer if doing well; 2-year program & 3-year program. Males and females accepted.

Jeff Davis C.A.D.A. www.jeffdaviscada.com

(337) 616-8418 & toll-free 1-866-883-2232 Fax: (337) 616-8421 (PO Box 826 Jennings LA 70546)

- Shelter for abused women and their children (**not homeless**)

June N. Jenkins Women's Shelter/Beauregard Community Concerns

(337) 462-1452 & Fax: (337) 463-5495

- Shelter for abused women and their children (**not homeless**) and resources to assist victims of domestic violence even if they are not in the shelter.
- Parenting Classes and Domestic Violence Classes

Oasis a Safe Haven for Survivors of Domestic and Sexual Violence

(337) 436-4552 or 1-800-223-8066 or 1-888-411-1333 (LA Domestic Violence Hotline)

Potter's House & Potter's House Annex (Assistant Living)

(337) 477-1116 & Fax: (337) 477-1102 (3233 Kirkman Street Lake Charles LA 70601) Rev. Leona Benoit, Director

- For women and women with children
- Assistant living available for adult women only with a fixed income.

Salvation Army Center of Hope

(337) 721-8068 Fax: (337) 721-8069 (3020 Legion Street Lake Charles LA 70615) **For men only.**

- No felony charge of child abuse/no sexual or violent crime of any kind
- Check-in time is from 5 PM to 9 PM
- Must pass breathalyzer test and drug test before admittance.
- Photo ID

Veteran's Homeless Resource 1-877-424-3838 (Alexandria, VA)

Housing Repairs

Bayou Response

(337) 532-4131 Contact: Renee Amos at email: prblessed8@gmail.com

- Disaster response and local home repair for those in need. Eligibility determined case by case.

FEMA Assistance

FEMA

1-800-621-3362 TO APPLY ON THE PHONE and ALL OTHER ASSISTANCE

Case Management & Multi-Assistance Agencies

Disability Rights Louisiana www.disabilityrightsla.org

1-800-960-7705 Fax: (504) 522-5507 (8325 Oak Street New Orleans LA 70118)

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection from institutional resident's rights.
- Funded by state to provide legal assistance to people residing in nursing homes in LA, as well as residents 60 years and older in Orleans, Plaquemines & St Tammany Parishes.

Allen Action Agency www.allenactionagency.org

(337) 639-4348 Fax: (337) 639-4715 (505 W 7th Avenue / PO Box 540, Oberlin LA 70655)

- Head start, energy assistance, Toys for Tots.
- United Way agency assisting with emergency crisis program.

La Familia Resource Center

(337) 794-0373 Fax: (337) 564-5402 (650 Dr Michael DeBakey Drive Lake Charles LA 70601)

- Open Monday to Thursday from 9 AM to 3 PM by appointment only
- They are a bilingual multiservice org that offers Citizenship Classes, ESL (English as second language), Spanish, family advocacy, interpreters, translation, after school tutoring, and referrals to resources.

Elderly Assistance

Allen Council on Aging

(318) 335-3195 / 1-800-256-2851 Email: allencouncil@bellsouth.net Fax: (318) 335-3199
(602 E 5th Ave / PO Drawer EL Oakdale, LA 71463)

- Get information on meals, homemaker help, three transportation programs, respite care, Medicaid advice, medical help, Meals on Wheels and more.

Beauregard Council on Aging

(337) 463-6578 & (337) 463-9694 Fax: (337) 463-7431 (104 W Port Street / PO Box 534 DeRidder LA70634)

- Congregate & home delivered meals, transportation, material aid, legal assistance, recreation, Senior RX, outreach and more.

Benefits Check Up www.benefitscheckup.org

- Assisting seniors identify financial benefits for which they may not know they qualify.

Better Business Bureau of SWLA www.bbb.org

(337) 478-6253 or 1-800-542-7085 Fax: (337) 474-8981 (4040 Lake St., Lake Charles LA 70605)
Monday to Thursday 8 AM to 4 PM & Friday 8 AM to 12 PM

Allen P. August Multi-Purpose Center Annex

(337) 721-4020 or 1-800-542-7074 Fax: (337) 721-4184 (2000 Moeling Street, Lake Charles LA 70601)

Open Monday to Friday 8 AM to 5 PM, & Thursday 8 AM to 3 PM

Calcasieu Parish Council on Aging www.calcoa.org

(337) 474-2583 & 1-800-223-5872 Fax; (337) 474-6563 (3950 Highway 14 Lake Charles LA 70607)

- Utility assistance, prescription assistance, homemakers' services (light housekeeping twice a month), meals on wheels, medical alert button, Medicare part D assistance with people to assist elderly to apply. For ages 60+

Senior Centers:

Lake Charles Senior Center 1530 5th Street Lake Charles (337) 433-0805

Sulphur Senior Center 601 Maple Street Sulphur (337) 527-4574

Westlake Senior Center 2001 Jones Street Westlake (337) 436-6879

Vinton Senior Center 915 West Street Vinton (337) 589-3700

Iowa Senior Center 120 E 1st Avenue Iowa 70647 (337) 312-1781

Moss Bluff Senior Center 2868 Hwy 171 North Lake Charles (337) 217-0500.

Meal Sites: For ages 60+. Before you can begin receiving meals at the sites, you must have an assessment form filled out and sign up the day before you plan to eat. Most sites are open Mon-Fri from 10:00 am till 12:00pm.

Monthly menus are available. Meals are free but we will accept donations. Suggested donation is \$3.00 per meal.

Tower Oaks 222 Louie Street Lake Charles 70601 (337) 564-5745

Sulphur Senior Center 601 Maple Street Sulphur 70663 (337) 527-4573

Vinton Senior Center 912 West Street Vinton 70668 (337) 589-3700

Whispering Hope 2501 Griffin Street Lake Charles 70601 (337) 436-6871

Family Caregiver Support Groups - This program is for those individuals who are caring for a loved one. Meetings are held monthly. **There is no age requirement for this service.**

The Gardens – 3rd Wednesday 12 PM, 1401 Country Club Rd, Lake Charles, LA

West Calcasieu-Cameron Hospital – 3rd Thursday 12 PM Cafeteria Conference Room, 701 Cypress St, Sulphur LA

Emeritus Senior Living – 4th Tuesday 5:30 PM, 2420 Country Club Rd, Lake Charles LA

Calcasieu Parish Sherriff's Office

(337) 491-3626 Fax: (337) 439-1684 (2112 Moeling Street, Lake Charles LA 70601)

- Elderly Services Provided

Cameron Community Action Agency

(337) 598-5158 or (337) 905-6000 Fax: (337) 905-6500 (965 Hwy 384, Lake Charles LA 70607)

- Call for referrals Monday to Thursday 8 AM to 2 PM, and Friday 8 AM to 12 PM
- Provides transportation, meals on wheels, congregate meals, medical equipment, medication management, homemaker services, nutrition education, caregiver services, housing assistance.

Eye-Care America's Seniors Eye Care Program 1-877-887-6327 www.eyecareamerica.org

- Free exam and up to a year of treatment for persons 65 and older.
- Call to find out if you qualify.
- Apply Online Now

Grandparents Raising Grandchildren Information Center of Louisiana www.lagrg.org

(225) 810-3555 (PO Box 15275, Baton Rouge LA 70807)

- 24 Hour Hotline
- Statewide support group meeting offered.

Jeff Davis Council on Aging

(337) 824-5504 Fax: (337) 616-8622 (210 S State Street / PO Box 734, Jennings LA 70546)

- Public transit, meals on wheels and congregate meal site, homemaker, respite care, wellness program, recreation, Acadian on-call, material aid, and transportation – elderly (60 and above), public & Medicaid available. Food pantry for 60 and over.

Meals on Wheels - Calcasieu (Calcasieu Council on Aging) www.calcoa.org

(337) 474-2583 & 1-800-223-5872 Fax: (337) 474-6563

Senior Prescription Assistance-Calcasieu Council on Aging www.calcoa.org

(337) 474-2583 or 1-800-223-5872 Fax: (337) 474-6563 (3950 Highway 14 Lake Charles LA 70607)

- SeniorRx-to assist seniors to link with assistance for obtaining their prescription medications.

Southwest Louisiana Independence Center (SLIC) www.slic-la.org

(337) 477-7194 & 1-888-403-1062 Fax: (337) 477-7198 (4320 Lake Street Lake Charles LA 70605)

- They have medical equipment available for elderly or disabled who qualify at no charge. - FREE
- Direct Service workers to assist; does referrals and information.
- Supervise independent living.
- Supplies telephones & interpretive services for hearing impaired.
- Supported Employment Services – works with Louisiana Rehabilitation Services to secure employment.
- Free hearing aid program, LCD Hearing aids
- Deaf Action Center & Sign Language Interpreter

Volunteer Income Tax Assistance (VITA) Program

(337) 433-1088 x 11 Fax: (337) 433-3679 (United Way of SWLA)

Employment

Allen Career Solution Center www.laworks.net

(337) 639-2175 Fax: (337) 639-2560 (602 Court Street / PO Box 1140 Oberlin, LA 70655)

Beauregard Business and Career Solutions www.laworks.net

(337) 462-5838 Fax: (337) 462-6115 (1102 W 1st Street. DeRidder LA 70634)

- Workforce training and employment services. Call for information.

Louisiana Rehabilitation Services

(337) 475-8038 Fax: (337) 475-8037 (3616 Kirkman Street, Lake Charles LA 70607)

Toll Free: 800-520-0589 TTD# 337-475-8036

- Provides services to help persons with disabilities to obtain the job skills and other resources they need to get a job, keep a job and develop a career.

Louisiana Workforce Commission – Business and Career Solution Center Calcasieu Consortium

www.calcasieu.gov/services/human-services/human-services-programs/american-job-center

(337) 721-4010 & 866-783-5567 (2424 3rd Street, Lake Charles LA 70601)

- Job search, resume help, job fairs and more. Call for information.
Monday to Wednesday and Friday 8 AM – 12 PM & 1 - 5 PM, Thursday 8 AM – 12 PM & 1 - 3 PM

Unemployment Claims www.laworks.net

1-866-783-5567

Goodwill Workplace Training & Assistance Center www.goodwillbmt.org

(337) 310-1882 (1202 Kirkman Street Suite A Lake Charles LA)

Family Services

Awesome Kids (337) 794-1937 (215 Quelqueshue Street Sulphur, LA 70663)

- Provides inclusive sports and art activities to children with disabilities, ages 2-21.

Educational & Treatment Council (ETC)

- Outreach Center - (337) 433-1062 Fax: (337) 439-1094
- Providing home-based intervention and prevention services for at-risk youth and their families.
- See the website (etcyouth.org) for a list of programs and services.

Family & Youth Counseling www.fyca.org

(337) 436-9533 Fax (337) 439-9941 (220 Louie Street Lake Charles LA 70601)

- Training, programs and counseling to assist families and children. See website for list.

Gulf Coast Social Services

(337) 436-6622 Fax: (337) 436-4403 (700 Pujon Street, Suite A Lake Charles LA 70601)

- Community based service programs providing consultation, training & educational services to individuals and their families.
- Accepts Medicaid Waiver and private pay on an individual basis.

Kid's Need

(337) 425-1711 (PO Box 1206 Westlake LA 70669) www.iamgracious.org

- Giving time, love and compassion to school-aged children.
- Call for time and date of monthly activity night and dinner.

Volunteers of America Parenting Education Classes

(337) 234-5715 Fax: (225) 381-7963

- Common Sense Parenting Class Curriculum with free classes for families with a child or adult receiving services through OBH or some private agencies. Sliding scale fee for others. Childcare available and refreshments provided. Call to RSVP.

Transportation

Calcasieu Parish Public Transit System

www.calcasieu.gov/services/human-services/human-services-programs/transportation

(337) 721-4040 & Fax: (337) 721-4181 (3001 Industrial Avenue, Lake Charles LA 70601)

- An application is required to participate in special transportation services, which upon approval, can be scheduled with 48 hours advanced notice or more.
- Grocery Shopping Service available for ages 65 or over. Individuals limited to one destination per trip.
- Job access and reverse commute from 5 am to 11 pm based upon availability.

Medicaid Transportation <https://ldh.la.gov/page/medical-transportation>

Plan Name	Call Center	Call Center #	TTY Phone No.
Legacy/Traditional Medicaid	Verida	855-325-7626	
Aetna Better Health of LA	MediTrans	877-917-4150	866-288-3133
AmeriHealth Caritas of LA	Verida	888-913-0364	866-428-7588
Healthy Blue	MediTrans	866-430-1101	800-846-5277
Humana Healthy Horizons	MediTrans	844-613-1638	800-618-4781
LA Healthcare Connections	MTM	855-369-3723	855-369-3723
United HealthCare	ModivCare	866-726-1472	844-488-9724

Reduced Bus Rate Pass- City of Lake Charles Transit Division

www.cityoflakecharles.com/departments/division.php?structureid=194

(337) 491-1253 (1155 Ryan Street Lake Charles LA 70601)

- Disabled individuals are to provide either the government issued ID when boarding; or they must present their paperwork from the SSA stating the date the SSA declared the individual disabled to the Transit Administration Office. These are the only two forms of proof accepted. Disabled passengers ride for \$0.25 once they present their government issued ID or have been approved through the Transit Administration Office.
- Passengers that receive Medicare/Medicaid must present their photo ID along with their Medicare/Medicaid card when boarding. Medicare/Medicaid passengers ride for \$0.50 once they present the appropriate proof.
- Senior Citizens (over 65) bring ID to get blue card to ride bus for \$0.50.

Legal Assistance

Acadiana Legal Services www.la-law.org

(337) 439-0377 Fax: (337) 439-0636 (2911 Ryan Street Lake Charles LA 70601)

- Provide free legal assistance in civil matters such as divorces, child custody, consumer issues, housing and public benefits. Monday to Friday 8:30 AM to 5 PM
- Call 1-866-275-2572 to fill out application for services.
- Services are by appointment only.

Child Support Enforcement / Louisiana Department of Children & Family Services (DCFS) www.dcfsls.gov

1-888-524-3578

La Familia Resource Center

(337) 312-2906 Fax: (337) 564-5402 (650 Dr Michael DeBakey Drive Lake Charles LA 70601)

- Open Monday to Thursday from 9 AM to 3 PM, and closed on Friday
- They are a bilingual multi-service organization that offers Citizenship Classes, ESL (English as second language), Spanish, family advocacy, interpreters, translation, after school tutoring, and referrals to resources.

Southwest Louisiana Law Center www.swla-law-center.com (337) 436-3308 Fax: (337) 433-2523

- Non-profit law firm - provides low-cost legal services - fees charged on sliding scale.
- By appointment only - \$100 up-front, consultation fee required.
- 8:30 AM to 4:30 PM Monday to Friday
- Photo ID required.
- Civil matters only – no criminal matters
- Not “Legal Aid”

Daycare Referrals

Calcasieu Parish School Board - (337) 217-4210

Volunteers of America (VOA) (337) 234-5715 ext.413 ask for Lacey.

Autism Resources

McNeese Autism Program (MAP) www.mcneese.edu/autism

(337) 562-4246 Fax: (337) 562-4221 email: MAP@McNeese.edu

- Provides ABA (Applied Behavior Analysis) treatment services for children with Autism and other behavior or developmental conditions.
- Services include early intensive interventions, language and communication training, parent & caregiver training, social skills groups, problematic behavior interventions, & pediatric feeding problem interventions.
- Medicaid Provider / Nonprofit Organization

Sprouts Behavior Development Center www.sproutsbdc.com
(337) 602-6247 (4819 Ihles Rd Lake Charles LA 70605)

Behavior Intervention Resources, LLC www.behaviorir.com
(337) 661-4041 (2912 Warren Avenue Lake Charles LA 70601)

Autism Service of Southwest Louisiana autismserviceswla.com
(337) 436-5001 Fax (337) 436-5002 (3006 Common Street, Lake Charles LA 70601)

Soar Equestrian Services natprailnil@yahoo.com
Natalie Miller (337) 488-4399 by Appointments ONLY

- Therapeutic riding program which offers equine-assisted activities conducted by PATH certified instructors.

The Missing Piece: ABA for Autism www.autismswla.org
(337) 436-6488 (1908 Maplewood Drive Ste. B, Sulphur LA 70663)

Milestone Behavioral Services milestonesbehavioral.com
(337) 429-5248 / (337) 540-9737 Fax: (337) 656-2377 (2016 Oak Park Blvd Lake Charles LA 70601)

St. Nicholas Center for Children www.stnickcenter.org
(337) 491-0800 Fax: (337) 491-0508 (4066 Ryan Street Lake Charles LA 70601)

- Provides therapeutic, educational, and social services to children with autism, developmental delays, and neurological disorders and support to their families.

Louisiana State Autism Chapter (225) 284-6066
www.lastateautism.org
www.facebook.com/AutismSocietyLouisiana
autismsociety_lastatechapter@yahoo.com

Southwest Louisiana Autism Chapter (337) 855-2068
www.autismsocietyswla.com
www.autism-society.org/chapter167
www.facebook.com/AutismSocietySWLouisianaChapterswautismchapter@gmail.com

Autism Society of America (ASA) www.autism-society.org

Asperger's Society www.aspergerssociety.org

Referral Services

Best Buddies www.bestbuddies.org

- Mentoring and friendship program for people with intellectual disabilities. Free e-mail pen pal program.

Families Helping Families of SWLA www.fhfswla.org email: info@fhfswla.org
(337) 436-2570 or 1-800-894-6558 Fax: (337) 436-2578 (324 W Hale Street Lake Charles LA 70601)

- Provide information, referrals, education, training, peer support and advocacy skills to individuals with disabilities and their families.
- Covers Allen, Beauregard, Calcasieu, Cameron, & Jeff Davis parishes.

F.I.N.S. (Families in Need of Services) Office of Juvenile Justice Services
(337) 721-3971 Fax: (337) 721-3907 (PO Box 2073 Lake Charles LA 70602)

- Assist in coordination of services for children and parents who need intervention before criminal behavior.

Gabriel Project by the Diocese of Lake Charles (337) 439-7400 Ext. 317 www.rachelsvineyard.org

- Make referrals to individual Catholic parishes to assist parents with the physical and spiritual needs of parenting.

Imperial Calcasieu Human Services Authority (ImCal HSA) <http://imcalhsa.org>

(337) 475-3100 & 1-866-698-5304 Fax: 337-475-8055 (3461 5th Avenue Suite B. Lake Charles LA 70607)

Lighthouse Child Residential Center, Inc. www.lighthouseministriesinc.org

(337) 666-2678 Fax: (337) 666-2679 (PO Box 130, 150 Lighthouse Lane Reeves LA 70658)

- A home for unwed mothers and teenage single moms with supports assisting the physical, emotional, and spiritual needs of young women experiencing an unplanned pregnancy.

Louisiana Assistive Technology Access Network (LATAN) www.latan.org

1-800-270-6185 Fax: (225) 925-9560 (10988 N Harrell's Ferry Rd Suite 5 Baton Rouge LA 70816)

- Medical and assistive equipment distribution program after large-scale disasters.
- Loans for purchase of assistive technology and home/vehicle modification, and other help to individuals with disabilities
- A.T. Market Place is a database of used, free or low-cost equipment.
- Device demonstrations and device loans.

Louisiana Department of Insurance www.lidi.la.gov

1-800-259-5300 Fax: 225-342-3078 (Physical: 1702 N Third Street Baton Rouge LA 70802 / PO Box 94214 Baton Rouge LA 70804-9214)

- For questions about insurance call for assistance.

2-1-1 www.unitedwayswla.org/211 or www.louisiana211.org Direct Dial 2-1-1

- Call 211 to find out about organizations in southwest and central Louisiana.
- Resource information is available 24 hours 7 days a week, answering service after hours.
- Open Monday to Friday, 8 AM to 4:30 PM

Social Security Administration www.ssa.gov

1-800-772-1213

Veteran's Affairs 1-800-827-1000 & www.va.gov Veteran's Crisis Line: 1-800-273-8255 (Press 1)

Veteran's Homeless Resource

1-877-424-3838 (Alexandria, VA)

Education

American Red Cross www.redcross.org

(337) 478-5122 Fax: (337) 478-1173

- Disaster preparedness, CPR, first aid, babysitting training, and emergency disaster relief

La Familia Resource Center

(337) 794-0373 Fax: (337) 564-5402 (650 Dr Michael DeBakey Drive Lake Charles LA 70601)

- Open Monday to Thursday from 9 AM to 3 PM by appointment only
- They are a bilingual multiservice that offers Citizenship Classes, ESL (English as 2nd language), Spanish, family advocacy, interpreters, translation, after-school tutoring, and referrals resources.

Literacy Council www.literacyswla.org email: info@literacyswla.org

(337) 494-7000 Fax: (337) 494-7915 (Central School Building - 809 Kirby Street Suite 126 Lake Charles LA 70601)

- They help improve reading skills, teach financial literacy, computer skills, high school equivalency diploma preparation (HiSET exam), adult education and English as a second language.
- Adult Education classes are available in Lake Charles 337-494-7000 or 1-888-LIT-SWLA for more information. Jennings (337) 421-6579 and DeRidder (337) 375-7794

National Alliance on Mentally Illness (NAMI) www.namiswa.com

(337) 515-4464 email: deborahisyournalor@gmail.com

- Family to Family – Classes are 8-class course for parents, and caregivers of adults with mental illness

Counseling Services

ABC Pregnancy Resource Center (Lake Charles) www.abcprc.com

(337) 433-2797 Fax: (337) 433-1334 (9 AM to 3 PM Monday to Thursday)

Adult Protection 1-800-898-4910 Fax: (225) 342-9069

- Investigate abuse, neglect, exploitation and extortion of disabled people (ages 18 – 59)
- Will not accept cases by fax, only by phone.

Alcoholics Anonymous www.aa-swla.org (Lists meetings in SWLA)

Imperial Calcasieu Human Services Authority (ImCal) Behavioral Health Clinic Allen Parish

(337) 639-3001 Fax: (337) 639-3008 (145 Hospital Drive Oakdale LA)

- Monday to Thursday Open 8 AM to 4:30 PM

Alzheimer's Association Louisiana Chapter 1-800-272-3900 **Community**

Pregnancy Center (DeRidder)

(337) 463-9500 1-800-259-1999 Tuesday to Thursday 9 AM to 2 PM

Imperial Calcasieu Human Services Authority (ImCal) Behavioral Health Clinic Beauregard Parish

(337) 462-1641 Fax: (337) 462-1354 (106 W Port Street Deridder LA 70634)

- Monday to Friday Open 8 AM to 4:30 PM

Disney & Associates (337) 431-7194 (133 Jefferson Drive Lake Charles LA 70605)

Child Protection Hotline (337) 491-2545 Fax: (337) 491-2654 from ages 0-18

Adult & Elderly Protection 1-800-898-4910 (Hotline)

Fax: (337) 491-2005, Monday to Friday 8 AM to 4:30 PM

Imperial Calcasieu Human Services Authority (ImCal) Behavioral Health Clinic

(337) 475-8022 or toll-free at 1-866-698-5304 Fax: (337) 475-8054 (4105 Kirkman Street, Lake Charles, LA70607)

- Monday to Friday, 8 AM to 4:30 PM
- Monday to Thursday 8 AM-12 PM; Walk-ins Welcome

Family & Youth Counseling Agency www.fyca.org

(337) 436-9533 Fax: (337) 439-9941 (220 Louie Street Lake Charles LA 70601)

Child and Adolescent Response 1-800-272-8367 (after hours, weekends and holidays)

- assistance for children and parents experiencing a crisis.

Louisiana Center for the Blind 1-800-234-4166
TLC- Age 55 & older for LA Center for the Blind 1-866-444-4496 (Wendy Aotega)

MSU Project for the Treatment of Problem Gambling (337) 475-5964 Free

- Call to schedule an appointment for the treatment of problem gambling; for gamblers and or loved ones.

National Alliance on Mentally Illness (NAMI) www.namiswa.com
(337) 515-4464 email: deborahisyourrealtor@gmail.com

- Family to Family – Classes are 8-class course for parents, and caregivers of adults with mental illness

New Life Counseling
(337) 474-7003/ (800)712-4357 Fax: (337) 474-1282. (631 E School Street Lake Charles 70607)

- Monday to Thursday 8 AM to 3 PM and Friday 8 AM to 12 PM
- Walk-in any time
- No Walk-in for Ultrasound or STI
- Walk-in for 1x health

National Suicide Prevention Lifeline/ Veteran's Crisis Line 1-800-273-8255 (TALK)

Pregnancy Counseling – Volunteers of America
(337) 497-0034 in Lake Charles or 1-877-291-6907 (24-Hour phone line)

Oasis Safe Haven: Sexual Violence Program (337) 494-7273 or 1-866-570-7273 Fax: (337) 436-8327

University United Methodist Church Circle Up Support Group www.universitymethodist.com
(337) 477-2003 Fax: (337) 478-8106 (3501 Patrick St., Lake Charles LA 70605)

- Faith based "CIRCLE UP SUPPORT GROUP" for consumers of mental health services.
- Meet every Wednesday night at 5:30 pm. Contact person Mickey Shannon.

Mental Health Services

Many of these providers are for-profit and may require payment for services. Some may take insurance, Medicaid or have a sliding fee scale for services; please ask about payment plans when scheduling service.

Addiction Disorder

Imperial Calcasieu Human Services Authority (ImCal) Beaugard Behavioral Health Office (337) 462-1641 & Fax: (337) 462-1354 (106 W. Port Street DeRidder LA 70634)

Lake Charles Memorial Behavioral Health (337) 477-7091 Fax: (337) 474-4552

ImCal Behavioral Health Jennings (337) 246-7325 (1211 North Cutting Avenue Jennings LA 70546)

ImCal Behavioral Health Clinic (337) 475-8022 Fax: (337) 475-87274

Pathways – Joseph Briscoe Treatment Facility (337) 433-3786 Fax: (337) 441-5998

New Horizons Counseling Center (337) 478-1411 Fax: (337) 562-1489

ImCal Sulphur Behavioral Health (337) 625-6750 (2651 E Napoleon St. Sulphur LA 70663)

Townsend Recovery (337) 216-7502 1-800-504-1714 (Crisis Hotline) Fax: (337) 205-8564

New Beginnings of Lake Charles (337) 855-9773 Fax: (337) 855-9776

Counseling - Personal & Family

ImCal Behavioral Health Clinic (337) 475-8022 Fax: (337) 475-8054 (4105 Kirkman Street Lake Charles LA 70607)

Chadha Medical Rural Health Clinic Dequincy (337) 786-5007 Fax: (337) 786-5009

Counseling Service of Southwest LA (337) 431-7194 Fax: (337) 431-7198

Eddie Windham Family & Individual Counseling (337) 302-0801 Fax: (337) 480-4067

Family and Youth Counseling Agency www.fyca.org (337) 436-9533 Fax: (337) 439-9941

Kay Dore' Counseling Clinic at McNeese (337) 475-5981 Fax: (337) 562-4221

New Horizons Counseling Center (337) 478-1411 Fax: (337) 562-1489

Quit Now Smoking Cessation Counseling www.quitwithusla.org 1-800-QuitNow (784-8669)

The Psychology Clinic - Lake Charles (337) 474-2682 Fax: (337) 474-4601

Rehab Services of SWLA (337) 433-3292 Fax: (337) 433-3293 (751 West Bayou Pines Ste C Lake Charles LA)

- Specializing in the mental health of children, adolescents and adults. Medicaid recipients ONLY

Hospitals with Mental Health Programs

Allen Parish Hospital Psychiatric Unit (337) 738-9460 or 1-800-737-2527 Fax: (337) 738-4673
(108 6th Avenue Hwy 190 W Kinder LA 70648)

Stonebridge Behavioral (337) 439-8111 Fax: (337) 439-1970 (2837 Ernest Street Lake Charles LA 70601)

Christus St. Patrick Hospital (337) 436-2511 Fax: (337) 491-7769 (524 Dr. Michael DeBakey Drive)

Dequincy Memorial Hospital (337) 786-1200 Fax: (337) 786-1219 (110 W 4th Street DeQuincy LA)

Jennings Senior Care Hospital (337)824-1558 Fax: (337)824-1561 (#1Hospital Drive Ste 201 Jennings LA)

Lake Charles Memorial Hospital (337) 494-3000 Fax: (337) 494-3299 (1701 Oak Park Boulevard Lake Charles)

Oceans Behavioral Hospital - Deridder (337) 460-9472 Fax: (337) 460-9473

Oceans Behavioral Hospital - Lake Charles (337) 474-7581 Fax: (337) 474-7565

Psychiatrists

Bridgeway Psychiatric Center (337) 562-0211 Fax: (337) 562-0212

Lake Charles Memorial Behavioral Health Clinic (337) 477-7091 Fax: (337) 474-4552

Lake Area Psychiatry (337) 478-9331 Fax: (337) 478-9828

Psychiatric Services of Lake Charles Memorial Hospital (337) 494-3262 Fax: (337) 494-2087

Emergency Medication

Care Help of Sulphur www.care-help.org (337) 287-4793 Fax: (337) 310-0199
(112 E. Thomas Street Sulphur LA 70663)

- For Sulphur and Carlyss ONLY. No pain medication or psychiatric medication accepted.

Catholic Service Center- Social Services (337) 439-7436 Fax: (337) 439-7435 (1225 2nd Street Lake Charles LA)
Serves Allen, Beauregard, Calcasieu, Cameron and Jeff Davis parishes.

- **No Narcotics Assistance, no pain medication, or no psych medication given.**
- Open Monday to Friday 9 AM - 4:30 PM **Please call to make an appointment.**

Medication Assistance & Physical Health or Disabilities Services

Disability Rights Louisiana www.disabilityrightsla.org

Primary # 1-800-960-7705 Fax: (504) 522-5507 (8325 Oak Street New Orleans LA 70118)

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection of institutional resident's rights.
- Funded by state to provide legal assistance to people residing in nursing homes in LA, as well as residents 60 years and older in Orleans, Plaquemines & St. Tammany Parishes.

Healthy Louisiana 1-855-229-6848

- How most of Louisiana's Medicaid and LA CHIP recipients receive healthcare services

Kid's Team (337) 475-4020 (4150 Nelson Road #2A Lake Charles LA 70605)

Professional Association of Therapeutic Horsemanship International ("PATH")

thetablesatlebocage.com/therapeutic-riding.html

(337) 905-JUMP (5867) (4550 South Park Drive Lake Charles LA 70607)

Calcasieu Community Clinic

(337) 478-8650 Fax: (337) 478-6196 (McNeese State University campus Juliet Hardtner Hall)

(P O Box 91775 / 550 East Sale Road Ste 217 Lake Charles LA 70609) Monday-Wednesday 8 AM-4 PM;

Thursday 8 AM-7 PM and Friday 8 AM-12 PM.

- For low-income, working uninsured adults. One person in a household needs to work at least 20 hours per week and offer a Diabetes Management Program.

Children's Special Health Services & Calcasieu Parish Health Unit (337) 478-6020

Fax: (337) 475-8613 (Calcasieu Parish Health Unit 3236 Kirkman Street Lake Charles LA 70601)

- Provides medical diagnostic and treatment services for eligible children who have health problems which require services beyond routine basic care. This includes children with disabilities, handicapping conditions and chronic illnesses of sufficient severity to cause or to be likely to cause impairments which could significantly limit life activities. Open 8 AM to 4:30 PM Mon. – Fri.

C.M.A.P. – Cenla Medication Access Program www.cmaprx.org

- (318) 443-7494 & 1-888-443-7494 & Fax: (318) 448-4473 Open 8 AM-12 PM & 1 – 5 PM, Monday – Friday
- Serving people over 18 who meet income guidelines and do not have Medicaid, Medicare or private insurance. Covers the entire state of Louisiana.

Direct Care www.directcareinc.com

(337) 436-5001 Toll-Free 1-866-603-2273 Fax: (337) 436-5002 (3006 Common Street Lake Charles LA 70601)

- Non-profit agency that provides personal care services for persons of all ages within the autism spectrum and other developmental disabilities.

LA Chip and Healthy Louisiana Helpline 1-877-252-2447 www.medicaid.la.gov

- Total health care for children without insurance at no or low cost.

Louisiana Developmental Disabilities Council 1-800-450-8108 www.laddc.org

Louisiana Rehabilitation Services

(337) 475-8038 Fax: (337) 475-8037 (3616 Kirkman Street Lake Charles LA 70607)

Toll Free: 800-520-0589 TTD# 337-475-8036

- Provides services to help persons with disabilities to obtain the job skills and other resources they need to get a job, keep a job and develop a career.

Partners for Prescription Assistance 1-888-477-2669 www.pparx.org (Helps pay for medicine.)

Patient Advocate Foundation 1-800-532-5274 Fax: (757) 873-8999 www.patientadvocate.org

- Offers free help in navigating healthcare systems.
- Assist with insurance, job & debt financial issues and assist patients with chronic life-threatening illness. Monday – Thursday, 8 AM – 8 PM; Friday 8:30 AM – 7 PM EST

Senior RX (a program of the Calcasieu Council on Aging)

(337) 474-2583 1-800-223-5872 Fax: (337) 474-6563 (3950 Highway 14 Lake Charles LA 70607)

- Assist **anyone over 21 years of age** with a chronic illness to obtain medication through manufacturers' assistance programs. (Even psychiatric medication may qualify.)

Southwest Louisiana AIDs Council (SLAC) Contact: Don

(337) 439-5861 & 1-800-256-5145 Fax: (337) 436-8713 (425 Kingsley Street Lake Charles LA 70601)

- **Provides services for HIV positive persons** – HIV counseling, testing, teen education, case management, food pantry, supports groups, transportation, dental and eye care.

Southwest Louisiana Center for Health Services - www.swlahealth.org

(337) 439-9983 Fax: (337) 439-8898 (2000 Opelousas Street Lake Charles LA 70601)

- Provides comprehensive health services, including primary and preventative health services for the uninsured, underinsured, and poverty-stricken populations in southwest Louisiana.
- Monday to Wednesday, & Thursday 8 AM – 5 PM; Tuesday 10 AM – 7 PM; Friday 8 AM – 12 PM.
Appointments only.

Southwest Louisiana Independence Center (SLIC) www.slic-la.org

(337) 477-7194 1-888-403-1062 Fax: (337) 477-7198 (4320 Lake Street Lake Charles LA 70605)

- Medical equipment available for elderly or disabled who qualify. Free CPT lab, advocacy, info & referrals

National Total Care www.nationaltotalcare.com

(337) 291-9919 Fax (337) 344-0119 (115 Marcon Drive Lafayette LA 70507)

- Is a DME company specializing in nutritional supplements, enteral feeding supplies & incontinence supplies. All products are delivered directly to the patient's home by our own drivers. We accept all forms of Louisiana Medicaid & have an exceptional billing staff to ensure continuity of supplies.

Medical Facilities

Allen Parish Health Unit (318) 335-1147 Fax (318) 335-2898

145 Hospital Drive/P.O. Drawer 1121 Oakdale LA 71463 Monday-Friday, 8 AM-4 PM

Beauregard Parish Health Unit (337) 463-4486 Fax: (337) 462-2486

216 Evangeline Street Deridder LA 70634

Calcasieu Parish Health Unit (337) 478-6020 Fax: (337) 475-8613

3236 Kirkman Street Lake Charles LA 70601

• Provide immunizations to those that do not have insurance. 8 – 11 AM on 1st & 3rd Wednesdays of the month & 1 - 3 PM on 1st & 3rd Friday of the month; ages 0 to 18 years

Christus Ochsner Lake Area Hospital (337) 474-6370 Fax (337) 475-4143

4200 Nelson Road Lake Charles LA 70605

Christus St. Patrick Hospital (337) 436-2511 Admin Fax: (337) 491-7157524

Dr. Michael DeBakey Drive Lake Charles LA 70601

Dequincy Memorial Hospital (337) 786-1200 Admin Fax: (337) 786-1219

110 W. 4th Street Dequincy LA 70633

Hackberry Primary Rural Health Clinic (337) 762-3762 Fax: (337) 762-3838 1020 Main Street

Hackberry LA 70645 Monday, Tuesday & Thursday 8 AM - 5 PM; Wednesday 8 AM -12 PM; Friday 8 AM - 3 PM

Jeff Davis Parish Health Unit (337) 824-2193 Fax (337) 824-0794

403 Baker Street Jennings LA 70546 Monday - Wednesday, & Friday 8 AM - 4:30 PM

Jennings American Legion Hospital (337) 616-7000 Administration Fax: (337) 616-7034

1634 Elton Road Jennings LA 70546

Lake Charles Memorial Hospital (337) 494-3000 Admin Fax: (337) 494-3299

1701 Oak Park Boulevard Lake Charles LA 70601

Oakdale Community Hospital (318) 335-3700 Admin Fax: (318) 215-3024

130 North Hospital Drive Oakdale LA 71463

South Cameron Memorial Hospital (337) 542-4111 Fax: (337) 542-7180

5360 West Creole Highway Cameron LA 70631

Southwest Louisiana Center for Health Services (337) 439-9983 Fax: (337) 439-8898 2000 Opelousas Street

Lake Charles LA 70601 (Monday & Tuesday 8 AM-7 PM; Wednesday & Thursday 8 AM-5 PM; Friday 8 AM to 12 PM)

West Calcasieu Cameron Hospital (337) 527-7034 Admin Fax (337) 527-4373

701 Cypress Street Sulphur LA 70664