



**Southwest Louisiana's only
one-stop shop for all things
disability related**



What We Do:

- We answer questions and provide assistance to those with disabilities/special health care needs and their families across their lifespan.
- We can teach you how to advocate for your child and over time your child will learn to advocate for his or herself.
- We help you navigate support systems and overcome challenges.
- Our trained, knowledgeable staff members are parents of children with disabilities or individuals with disabilities. We are here to provide you with the support you need.

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Families Helping Families SWLA is a non-profit organization.
Contributions may be tax deductible.
There are no fees charged for services.



Families Helping Families of Southwest Louisiana is a local family resource center that has served individuals with disabilities and their families since its incorporation as a nonprofit agency in 1992. We provide peer to peer support, information, referral and training around disability issues in the parishes of Allen, Beauregard, Calcasieu, Cameron and Jeff Davis.

We are a unique agency that can answer specific questions about disabilities and special health care needs from our own personal experiences. Only at FHF SWLA can one get information from another parent or individual with a disability who has firsthand knowledge about the challenges and rewards of living with disabilities and/or special health care needs. We lend a supportive and helping hand to families living with disability issues. Because of those experiences we teach others how to navigate the complex service delivery system.

FHF Core Services Include:

Peer Support

- Peer Support
- Peer Mentor Training
- Support Groups

Information and Referral

- Quarterly Newsletter
- Disability Resource Information
- Referral to Agencies and Services
- Referral Coaching and Advocacy

Education And Training

- Workshops, Webinars and Conferences
- Education Rights and Responsibilities Information
- Advocacy Skills Coaching
- Community Inclusion Information and Support

Our mission is to enable and empower individuals with disabilities and their families by providing information, referral, education, training, peer support and advocacy skills.

Our vision is that all individuals with disabilities have the opportunity to attend school, live, work and play in their own community.

Like us or follow us!

