



Volunteers of America®

2121 Oak Park Blvd. ♦ P.O. Box 4110 ♦ Lake Charles, LA 70606
Resource Guide accurate as of 7/1/11 and subject to change without notice.
Published by Volunteers of America in Southwest Louisiana (337) 497-0034.

Volunteers of America Services

Adoptions

(337) 497-0034 in Lake Charles or 1-877-291-6907 (24-Hour phone line) Fax: (337) 497-0229

- Opportunities for families to adopt newborn infants.
- Licensed agency home studies for domestic or international adoptions – flexible scheduling.

Adult Housing

(337) 497-0034 Fax: (337) 497-0229

- Provides individual supports and services for adults with mental illness within their own homes throughout southwest Louisiana or in agency leased apartments in Lake Charles to assist with and teach basic skills and move them into independent living.

Comprehensive Mental Health Recovery & Education Services

(337) 497-0034 Fax: (337) 497-0229 (Main Office – 2121 Oak Park Blvd., Lake Charles)

- Provides day programs, case management and crisis housing for adults who are experiencing mild to moderate deterioration in daily living skills and social functioning due to a mental illness. Also provides individual services in the community.
- CMHRES for children provides Interagency Service Coordination to assist families in staying together.

Crisis Supported Housing

(337) 497-0034 Fax: (337) 497-0229

- Transitional housing within an apartment complex that provides supportive services to homeless adults who have a mental illness.

Housing (HUD subsidized apartments)

(337) 497-0034 Fax: (337) 497-0229

- Bayou Villa in Welsh, a subsidized housing complex for low-income elderly people, age 62 and over who are still capable of independent living.
- Elton Place in Elton, a subsidized housing complex for low-income elderly people, age 62 and over who are still capable of independent living.
- Lake Villa Apartments in Lake Charles, a subsidized apartment complex for low-income adults with a mental illness capable of independent living.
- Oberlin Manor Apartments in Oberlin, a subsidized apartment complex for low-income adults with a mental illness capable of independent living.

Journey's Rest

(337) 497-0034 Fax: (337) 497-0229

- 24-hour observation and support that assists adults in crisis until stabilized and linked with other supports.

Parenting Education Classes

(337) 497-0034 Fax: (337) 497-0229

- Common Sense Parenting Curriculum with free classes to families with a child or adult receiving services through OBH or some private agencies. Sliding scale fee for others.
- Childcare available and refreshments provided. Call to RSVP.

Permanent Supportive Housing

(337) 497-0034 Fax: (337) 497-0229

- Housing with case management assistance for a household in need of housing who has a member with a disability, earns less than 30% AMI and is in need of supportive services.

Pregnancy Services – Volunteers of America

(337)497-0034 in Lake Charles or 1-877-291-6807 (24 hour phone line) (Main Office – 2121 Oak Park Blvd., Lake Charles)

- Free counseling by phone or appointment.

Food & Clothing Services

Abraham's Tent

(337) 439-9330 (2300 Fruge St., Lake Charles 70601)

- Lunches served 11:30 to 12:30 seven days a week.

Angel Food Ministries

www.angelfoodministries.com

- \$30 food distributions monthly at various locations around southwest Louisiana.
- Website lists distribution sites, phone numbers to sign up and monthly menus of food available.

Beauregard Community Action Association, Inc.

(337) 463-7263 & (337) 463-7895 Fax: (337) 463-8382

(104 West Port St., DeRidder, 70634 – near Council on Aging & Beauregard Mental Health)

- Food for seniors, emergency food and shelter, Low Income Home Energy Assistance (LIHEAP), and utility bill deferment info. Must call for eligibility requirements and availability.

Catholic Charities

(337) 439-7436 Fax # (337)439-7435 (1225 2nd Street, Lake Charles 70601)

- Last Friday of the month – 9 to 11 am & 2 to 4 pm.

City of Refuge (Veteran's Homeless Shelter)

(337) 589-4407 Fax: (337) 589-3063 (5899 Hwy 3112, Vinton, 70668)

- Food, clothing, and blankets available

Christian World

(337) 475-0157 Fax: (337) 475-0159 (2001 East Gautier Rd., Lake Charles 70607)

- Food pantry serves 4 zip codes: 70605, 70607, Hayes and Bell City. Open on Thurs. from 9:30 to 10:30 in fellowship hall. Must have photo ID, proof of hardship or income and social security card on everyone in household.
- Seniors 60 and over commodity program on 3rd Friday of the month.
- **THEY HAVE NO FURNITURE**

Community Outreach Center

(337)786-6512 (337)842-5456 (337)515-2734 (337)786-7520 Fax: (337)786 3535
(1006 E. 4th Street, DeQuincy, LA 70633)

- Food Pantry & Thrift Store
- Open Tuesdays 9:00 AM -12:00 Noon
- Bring: Proof of Income. Picture ID., Proof of Residence.

Faith and Friends Food Pantry

(New location: 4009 J. Bennett Johnston, Lake Charles, LA 70615) Phone: (337)439-9494

- Monday, Tuesday & Wednesday 1 to 2:30 pm
- Bring photo ID, proof of income and residence, SS card for each person in household
- Only for Calcasieu Parish Residents

Faithshare Outreach

(337) 905-1333 (1827 Hwy 384, Lake Charles 70607)

- Offer food, clothing and other assistance, but **not** rent or utility assistance.
- School uniforms for sale to anyone
- Must have a voucher from a non-profit organization.
- Hours: 8 – 12noon, Mon., Wed., & Fri.
- **ONLY FOR CAMERON PARISH RESIDENTS**

Food Stamps & Governmental Food Assistance(La. Dept. of Children & Family Services)

1-888-524-3578 (1-888-LAHELPU) & www.dcfsl.a.gov

- Supplemental Nutrition Assistance Program(SNAP)
- Louisiana Combined Application Project (LaCAP)
- Child Care Assistance Program(CCAP)
- Family Independence Temporary Assistance Program (FITAP)
- Kinship Care Subsidy Program (KCSP)

Glad Tidings Food Pantry (will do emergency if needed)

(337) 474-6080 (3501 Texas St., Lake Charles 70607)

- Mon. – Thurs. 9 to 11:30 am. Bring photo ID and proof of income.
- Can use once a month.
- Need SS# for everyone in household.
- Only serving those in area codes 70605 & 70607.

God's Food Box (A Ministry of Beauregard Ministerial Alliance)

(337)463-4449 (426 McMahon ST., DeRidder, LA 70634)

- Provide food for families in Beauregard Parish and parts of Vernon Parish.
- Open Tues and Thurs. from 10 a.m. to 4 p.m.
- Recipients must verify income and residency, and provide current I.D. for all household members. ALL household members are counted as one family and income of all must be counted.
- Income levels are the same as those used for Food Stamps
- Clients can receive Food Stamps and Quarterly Commodities and still qualify for benefits with the Food Box.

Greater St. Mary Missionary Baptist Church/ F.H. Dunn Resurrection Center

(337) 494-7945 Fax: (337) 494-7946 (1401 Moeling, Lake Charles 70601)

- Offering food and clothing on Tues. & Thurs. 10 to 2.
- Some school uniforms available.
- Must have proof of income and valid I.D.

Jeff Davis Council on Aging

(337) 824-5504 Fax: (337) 616-8622 (210 S. State St., P.O. Box 734, Jennings, La. 70546)

- USDA commodities, food for families, elderly transit, drivers' safety, emergency food and shelter, meals on wheels and congregate meal site, homemaker, respite care, wellness program, recreation, SR Rx meds, Acadian on-call, material aid, and transportation – elderly, public & Medicaid.

Manna Ministries – St. Luke Simpson United Methodist Church

Dial 2-1-1 or 310-INFO (4636) (1500 Country Club Road, Lake Charles 70605)

- Dial 2-1-1 or 310-INFO (4636) for all human services resources.
- Dial 2-1-1 for utility bill payment assistance
- Every Wednesday 9:00-11:00 for food assistance. (Can use once a quarter.)
- Financial and utility assistance (electricity, gas & water – no phone) only after registering.
- **Must register through 211 first.**

Allen P. August Multi-Purpose Center

(337) 437-3560 or 1-800-542-7074 Fax: (337) 430-4796 (2001 Moeling St., Lake Charles 70601)

- Food for seniors, mothers and children- call to register.

New Sunlight Baptist Church

(337) 436-8965 (515 V.E. Washington Street, Lake Charles 70601)

- Fill out application Mon-Thurs 9:30 to 11 am and 12 to 1 pm.
- Pick up food on the 2nd Saturday of the month from 9 to 11 am.

Oak Park Food Pantry at 1st Christian Church

- Phone calls about food pantry (337) 478-3034
- Location of food pantry at 1611 17th Street, Lake Charles 70601
- 8 to 9 am Tuesday & Thursday
- For residents south of Broad Street, north of McNeese St., east of Lake St., west of Hwy 14.
- Need current utility bill and SS# for each member of household
- Do not serve single men unless they have a child in their household
- **As of 4-1-2011, not accepting new clients – if person needs further info call St. Margaret Catholic Church at (337) 439-4585.**

Salvation Army Center of Hope

(337) 433-4155 Fax: (337) 721-8069 (3020 Legion St., Lake Charles 70615)

- Mondays from 9 to 2:30. Can use once every 6 months.
- Photo ID, Social Security number, Income, Utility Bill, and Fire Report Required
- Must have a referral from the food stamp office for a food box.

Second Harvest Food Bank of Greater New Orleans & Acadiana

(337) 237-7711 (Lafayette) and (504) 734-1322 (New Orleans)

- Food distribution to established food pantries and feeding sites & emergency/disaster supply.

Seventh Day Adventist Church

(337) 478-8353 (1537 Country Club Road, Lake Charles 70605)

- Food & clothing distributions at the rear of the building on Tues. & Wed. from 8:30 to 12.

Shepherd's Inn Outreach of United Christian Fellowship Church

(337) 433-1517 (2802 Opelousas Street, Lake Charles 70615 – In the yellow house)

- Food and clothing on Tues. & Thurs. 9 to Noon. Also Christian counseling and free Bibles.
- Bring photo I.D. and can use once every 60 days.

Saints Memorial Church of God in Christ

(337) 439-8680 (1717 Moeling St., Lake Charles 70601)

- Food Pantry opens (1st and 3rd Saturdays of each month) from 9 to 11.
- Call to verify the week before.
- Bring proof of income and ID

Westlake United Methodist Church

(337) 433-8424 Fax (337)433-9905 (704 Johnson Street/P. O. Box 536, Westlake 70669)

- Food Pantry for residents of the Westlake area operating Mon. 9 to 11:30 am, Wed. 5 to 7 pm, Fri. 9 to 11:30 am
- Proof of residence in Westlake required, as well as proof of income for everyone in the household. Bring picture ID and one other item with name and address.

Case Management & Multi-Assistance Agencies

Advocacy Center

Primary - 1-800-960-7705 & Lafayette - 1-800-822-0210 Fax: (504) 522-5507

(1010 Common St., Ste. 2600, New Orleans, 70112)

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection from institutional resident's rights.

Allen Action Agency

(337) 639-4348 Fax: (337) 639-4715 (505 W. 7th Ave., Oberlin 70655)

- Headstart, energy assistance, toys for tots and weatherization.
- United Way agency assisting with emergency crisis program

BeauCARE

(337) 462-2273 Fax: (337) 462-2268 (628 High School Dr., P.O. Box 1779, DeRidder 70634)

www.beucares.org

- Multi-assistance agency providing family life, recreational, educational, youth development and advocacy programs for residents of all ages in Beauregard Parish and Southwest Louisiana.

Cameron Community Action/Cameron Council on Aging (Case Mgt. for Cameron Residents)

(337) 905-6000 Fax: (337)905-6500 (Hwy 384, Grand Lake, LA 70607)

- Serving Cameron Parish. Working with UMCOR and using case management to determine needs.

Care Help of Sulphur www.care-help.org

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington, Sulphur 70663)

- Utilities, food, emergency medications, clothing and school uniforms for Sulphur residents.
- Free computer classes, life skills classes and Bible study.
- Thrift store and donations- open on Saturdays 10-4 pm
- Thrift store open M-F 10-5 p.m. & donations 8-4:45 p.m. M-F

Caring Hands

(337) 616-3081 (P.O. BOX 1204; 327 N. Main St., Jennings, La. 70546) email: caringh@bellsouth.net

- Qualified Jeff Davis residents only.
- Open Tues. – Fri. 1-4 & applications taken 1 – 3 p.m.
- Assists with disaster needs, utilities, some medications, food, clothing and household items.
- Bring photo ID, Proof of income, all current bills, last 2 bank stmts., and food stamp approval letter if applicable.

Catholic Charities Diocese of Lake Charles (Director: Trish Trejo)

(337) 439-7436 Fax: (337) 439-7435 (1225 2nd Street, Lake Charles 70601)

- Assists with rent, mortgage payments to prevent eviction, utilities, food, medical prescriptions.
- Assists with emergency financial assistance – funeral; employment ID & TWIC cards.
- **Appointment only by calling on the first day of the work week.**

First Christian Church Mission Station

(337) 478-3034 Fax # (866) 927-0576 (2525 2nd Avenue, Lake Charles 70601)

- Serves those who have damages resulting from hurricanes and other unexpected disasters.

Greater St. Mary Missionary Baptist Church/ F.H. Dunn Resurrection Center

(337) 494-7945 Fax: (337) 494-7946 (1401 Moeling, Lake Charles 70601)

- Offering food and clothing on Tues. & Thurs. 10 to 2.
- Some school uniforms available.

H.O.P.E. Center -Helping Our People to Excel

(Hwy. 190 in Ragley 70657)

- Serves Beauregard, Jeff Davis and Calcasieu parishes on Tues. from 9 to 12. Food is distributed on the 4th Wednesday and Thursday.
- Serve Allen parish at Reeves Baptist Church on 2nd Wednesdays from 9 to 12 and distribute food on the 4th Friday from 9 to 12.
- Also have clothing, school uniforms, shoes, senior citizen food.

La Familia Resource Center

(337) 312-2906 Fax: (337) 312-2912 (3226 Lake St., Lake Charles 70601)

- Open Mon. – Thurs. from 10 to 4, Fri. appointments only
- They are a bilingual multiservice org that provides counseling (through Family Life), English classes, Spanish classes, translation, immigration assistance with a law-certified immigration law specialist, school system child advocacy and tutoring, referrals, resources, and cultural diversity workshops.

LIHEAP-(Low Income Home Energy Assistance Program/ Allen P. August Multi-Purpose Center
(337) 437-3560 Fax: (337) 430-4796 1-800-542-7074 (2001 Moeling St., Lake Charles 70601)

- To assist residents in Calcasieu Parish with electric or gas bills twice a year based on income.
- Multi-Purpose Building- **Appointment only**. Income guidelines apply.

Jeff Davis Parish Assistance Agency

(337) 824-7800 Fax: (337) 824-7805 www.assistagency.org Contact – Angela Lavallier

(P. O. Box 1404 Crowley 70526 & P. O. Box 1227 Jennings, La. 70546)

- Food, medicine, utility, housing, legal services and many more. 8:00 to 4:30 Mon. - Friday

Manna Ministries of St. Luke Simpson United Methodist Church

Dial 2-1-1 or (337) 310-INFO (4636)

(1500 Country Club Road, Lake Charles, La.70605)

- Every Wednesday from 9 am to 11 am, they will help with utilities-gas, electricity or water bills. Bring picture ID, current bill and social security number. Can get assistance once a year.
Must call 2-1-1 on Monday at 8:00 a.m. to apply

Vineyard Church www.lakecharlesvineyard.org

(337) 598-4343 Fax: (337) 598-4373 (9541 Gulf Highway, Lake Charles 70607)

Homeless Shelters

A.C. Dowden Memorial Shelter

(337) 238-5328 Fax: (337)392-0384 (128 VFW Road, Leesville 71446)

- Men, women and children accepted.

Calcasieu Women's Shelter or Women and Children Victims of Domestic Violence

(337) 436-4552 or 1-800-223-8066 or 1-888-411-1333 (LA DOMESTIC VIOLENCE HOTLINE)

Fax: (337) 436-8327 www.cwshelter.org

- For Women and children who are survivors of domestic violence

City of Refuge (Veteran's Homeless Shelter)

(337) 589-4407 & Fax: (337) 589-3063 (5899 Hwy 3112, Vinton 70668)

- For single men

ETC- Apartments Available for Homeless Youth Ages 16-21 (only those already in system)

(337) 433-1062 Fax: (337) 439-1094 (Outreach Center)

Amy Dunn (337) 433-1061 - Education & Treatment Council

- Call to apply. Provides transitional housing.
- Available for youth in custody of Office of Community Services or Office of Juvenile Justice.

Freedom Mission – Faith Based Substance Abuse Program & Shelter

(318) 697-2028 (1402 Hwy 5, Logansport, LA 71049)

- No Charge; applicant must call Brother Wayne Jones for interview.
- 6 month commitment, but can stay longer if doing well.
- Males and females accepted & dependent children may be allowed.

Harbour House

(337) 433-6739 & Fax: (337) 436-7720 / Outreach office: (337) 433-1062 & Fax: (337) 439-1094

- Unaccompanied youth 7-17 years of age. An emergency shelter and takes referrals from agencies.

Jeff Davis Council on Aging

(337) 824-5504 Fax: (337) 616-8622 (210 S. State St., P.O. Box 734, Jennings 70546)

Jeff Davis C.A.D.A. www.jeffdaviscada.com

(337) 616-8418 & Fax: (337) 616-8421 (P. O. Box 826 Jennings La. 70546)

- Shelter for abused women and their children (**not homeless**)

June N. Jenkins Women's Shelter/Beauregard Community Concerns

(337) 462-1452 & Fax: (337) 463-5495

- Shelter for abused women and their children (**not homeless**) and resources to assist victims of domestic violence even if they are not in the shelter.

Lord's Place

(337) 494-6277 & Fax: (337) 497-9459 / Earl - (337) 853-7222 (126 Kirkman, Lake Charles 70601)

- For single men ages 18 and over.

Matthew 25:40 (Nepenthe House)

(1414 Martha St., Lake Charles 70601)

- Men with aids or recovering from alcohol/drug abuse. Referrals by agencies only.

Potter's House

(337) 477-1116 & Fax: (337) 477-1102 (3233 Kirkman, Lake Charles 70601)

- For women and women with children

Salvation Army Center of Hope

(337) 433-4155 Fax: (337) 721-8069 (3020 Legion St., Lake Charles 70615)

- For men only.
- Check-in time is from 4:30 p.m. to 5:30 p.m.

Welcome House

(337) 783-7066 (24292 Crowley Eunice Hwy., Crowley, Louisiana 70526)

- For men and women, single or married, but cannot sleep together.
- Call first. They can accept people from outside their region.

Housing Assistance

CARC - Housing www.thecarc.com

(337) 433-3620 Fax: (337) 439-1886 (4100 J. Bennett Johnston Ave., Lake Charles 70615)

- HUD housing for people with developmental disabilities and meets low income limits.
- Currently has a waiting list.

Chateau Du Lac

(337) 436-0380 (333 Mill Street, Lake Charles, LA 70601)

- Apartments for individuals who are 62 or older or with a disability receiving SSI.

Habitat for Humanity www.hfhca.org

(337) 497-0129 Fax: (337) 497-0470 (3551 Avenue C, Lake Charles 70615)

- Only build houses from ground up, no home repairs.
- **Open enrollment during June & July, 2011. Pick up applications at office or call for info.**

Louisiana Housing Search Service

www.lahousingsearch.org

Maison D'Amis (NAMI)

(337) 437-7919 (401 Gerdsen, Lake Charles, LA 70601)

- Apartments for mentally ill persons who qualify. Currently has wait list.

Permanent Supportive Housing Program

(337) 497-0034 (A program run by Volunteers of America.)

- Housing with case management assistance for a household in need of housing who has a member with a disability, earns less than 30% AMI and is in need of supportive services.

Project Build a Future (Sacred Heart)

Main # (337)439-7191 & (337) 439-2646 Fax: (337) 439-2650

- A non-profit corporation committed to building and selling quality, affordable housing.
- Call to obtain an application.
- PBAF-STRICTLY HOMEOWNERSHIP

The Road Home

1-888-762-3252 & www.road2La.org

- Registered applicants may receive housing assistance or buyouts.

USDA OFFICE- Rural Development Housing Programs

www.rurdev.usda.gov/la

Acadia/Allen/Jeff Davis/Vermillion Parishes call Vicky Stelly at (337) 262-6602 x115 or 824-0263 x4
Cameron/Calcasieu/Beauregard Parishes call Patricia Dupre at (337)262-6602 x117 or in Lake Charles call 436-5020 (Tues only)

Evangeline/Lafayette/St. Landry Parishes call Jeanne Quirk (337)948-3091 x134

Iberia/Point Coupee/St. Martin/ St. Mary Parishes call Chalmers Wheat at (337)262-6602 x104

- Low-income applicants can build or buy
- Low-income property owners can repair

Volunteers of America Mental Health Housing Services

(337) 497-0034 Fax: (337) 497-0229

- Housing available for mentally ill persons who qualify.

Volunteers of America Elderly Housing in Welsh and Elton

(337) 497-0034 Fax: (337) 497-0229

- Apartments for 62 years old and up who have a low income.
- Currently have several openings in both locations.

Housing Authorities

Calcasieu Parish Housing Authority

(337) 721-3577 & Fax: (337) 721-3582

- Waiting list - closed until further notice

DeRidder Housing Authority

(337) 463-7288 & Fax: (337) 463-3671

Dequincy Housing Authority

(337) 786-2381 & Fax: (337) 786-3204

Housing Authority of Iowa

(337) 582-6730 & Fax: (337) 582-3280

Jennings Housing Authority
(337) 824-5642 & Fax: (337) 824-5649

Kinder Housing Authority
(337) 738-2077 & Fax: (337) 738-2079

Lake Arthur Housing Authority
(337) 774-3692 & Fax: (337) 774-2997

Lake Charles Housing Authority
(337) 436-7628 & Fax: (337) 436-9798

Merryville Housing Authority
(337) 825-8770 & Fax: (337) 825-8778

Oakdale Housing Authority
(318) 335-0712 & Fax: (318) 335-9326

Oberlin Housing Authority
(337) 639-2625

Sulphur Housing Authority
(337) 527-5248 Fax: (337) 527-0681

Vinton Housing Authority
(337) 589-5331 Fax: (337) 589-3677

Welsh Housing Authority
(337) 734-2647 Fax: (337) 734-4857

Housing Repairs

First Christian Church Mission Station

(337) 478-3034 Fax: (866)927-0576 (2525 2nd Avenue, Lake Charles 70601)

- Severing those who have damages resulting from hurricanes or other unexpected disasters.

Rebuilding Together

(337) 478-1755 Fax: (337) 478-1744

- Help to make minor moderate repairs to houses for low-income families, the elderly, and the disabled.
- Income guidelines and home ownership required. Calcasieu Parish only.

Education

American Red Cross www.swla-redcross.org

(337) 478-5122 Fax: (337) 478-1173

- Hurricane preparedness, CPR, first aid, aquatics and water safety and babysitting training.

Calcasieu Parish Adult Education - Sulphur

(337) 528-2374 - Call for dates and times. Classes open to people living anywhere

- Tues. & Thurs. from 3:30 p.m. to 9 p.m. for night programs

Foreman-Reynaud Community Center www.baijul.org

(337) 436-2509 Fax: (337) 436-9843 (215 Albert St., Lake Charles 70601)

- Lighthouse Club – social club for ages 50 and older, call for details.
- After school program from 3 to 5 p.m. Mon – Thurs. Free to anyone who needs homework help ages 4 and up.
- Swimming lessons (ages 5 & up). Call for time schedule.
- Summer camps (call for details)
- All year around water aerobics – M-F 8-9 a.m., 5-6 p.m., 6-7 p.m.

La Familia Resource Center

(337) 312-2906 Fax: (337) 312-2912 (3226 Lake St., Lake Charles 70601)

- Open Mon. –Thurs. from 9 to 4, FRI. Appt, ONLY
- They are a bilingual multiservice org that provides English classes, Spanish classes, translation, school system child advocacy and tutoring, and cultural diversity workshops.

Literacy Council www.literacyswla.org

(337) 494-7000 Fax: (337) 494-7915 (809 Kirby, Suite 126, Lake Charles 70601)

- They help improve reading skills, teach financial literacy, computer skills, GED, Pre-GED, adult education and English as a second language.
- After school program for youths needing assistance with math and reading.

National Alliance for the Mentally Ill (NAMI) www.nami.org/sites/namiswa

(337) 433-0219 Fax: (337) 433-1860 (715 Ryan Street, Suite 203, Lake Charles 70601)

- Family to Family – Classes in Spring and Fall for this 12-class course for parents, adolescents and caregivers of adults with mental illness.(NOT FOR PERSON W/MENTAL ILLNESS)
- Basics – Classes in Spring and Fall for this 6-class course for parents and caregivers of children with mental illness.
- Call for dates, times, and places. Registration is required and seating is limited.
- Family Support Group- meets 3rd Tuesday of Each Month
- Women and Depression (10 week course for women w/depression taught by trained peer and specialist support)

Volunteers of America Parenting Education Classes

(337) 497-0034 Fax: (337) 497-0229

- Common Sense Parenting Curriculum with free classes to families with a child or adult receiving services through OBH or some private agencies. Sliding scale fee for others.
- Childcare available and refreshments provided. Call to RSVP.

Elderly Assistance

911-SNAP- Special Needs Assistance Program

(337) 439-0811 Fax: (337) 439-9371 (911 Hodges St., Lake Charles, 70601)

- Voluntary program to assist elderly, special needs people or any person that may have limitations that need assistance during an emergency.

Allen Council on Aging

1-800-256-2851 & E-mail: allencouncil@bellsouth.net Fax: (318) 335-3199 (602 E. 5th Ave., Oakdale 71463)
(mail – P.O. Drawer EL, Oakdale 71463)

- Get information on meals, home maker help, three transportation programs, respite care, Medicaid advice, medical help, Meals on Wheels and more.

Beauregard Council on Aging

(337) 463-6578 & (337) 463-9694 Fax: (337) 463-7431 (104 West Port St., DeRidder 70634)

- Meals, good health habits, material aids, medication alert program, legal, visiting, utility help, Meals on Wheels, transportation assistance and more.

Benefits Check Up

www.benefitscheckup.org

- Assisting seniors identify financial benefits for which they may not know they qualify.

Better Business Bureau of SWLA

(337) 478-6253 or 1-800-542-7085

www.bbla.org Fax: (337) 474-8981

(2309 E. Prien Lake Rd. Lake Charles, La.70601)

Calcasieu Allen P. August Multi-Purpose Center

(337) 437-3560 or 1-800-542-7074 Fax: (337) 430-4796

- Open 8 to 5 pm Mon - Fri

Calcasieu Parish Council on Aging www.calcoa.org

(337) 474-2583 & 1-800-223-5872 Fax: (337) 474-6563 (3950 Hwy 14, Lake Charles 70607)

- Utility assistance, prescription assistance, homemakers services (light housekeeping twice a month), meals on wheels, medical alert button, Medicare part D assistance with people to assist elderly to apply. For ages 60+.

Calcasieu Parish Sheriff's Office

(337) 491-3626 Fax: (337) 439-1684(2112 Moeling, Lake Charles 70601)

- Elderly Services- offering transportation for ambulatory senior citizens, assist seniors to go thru the court system, assist to retain restraining orders or to pick up food/commodities, medication and transport to doctors appointments.

Cameron Parish Council on Aging

(337) 598-5158 or (337) 905-6000 Fax: (337) 905-6500 (565 Hwy 384, Grand Lake, LA 70607)

- Call for referrals 8:00 thru 4:00, Monday thru Fri.
- Provides transportation, meals on wheels, congregate meals, medical equipment, medication management, homemaker services, nutrition education, caregiver services, housing assistance and the agency is the case management for Cameron Parish Disaster services.

Experience Works www.experienceworks.org

(337) 433-4243 (715 Ryan Street, Ste. 105A, Lake Charles, La 70601)

- Provide training and job asst. to people ages 55 and older on limited incomes and not currently working.

Eye-Care America's Seniors Eye Care Program

1-800-222-3937 www.eyecareamerica.org

- Free exam and up to a year of treatment for persons 65 and older.
- Call to find out if you qualify. Available 24/7 year round.

Jeff Davis Council on Aging

(337) 824-5504 Fax: (337)616-8622 (P.O. Box 734, 210 S. State St., Jennings, 70546)

- Offers assistance with food, medications, transportation, housekeeping, sitters, utilities, recreation, education, exercise classes and general well being. Legal assistance given. Some minimal donations may apply. Emergency food and shelter given when needed to all ages in Jeff Davis Parish when funds are available. Aerobics classes 5 days a week.

Louisiana Answers (Part of Governor's Office)

1-877-340-9100 Fax: (225) 342-7133 & www.louisianaanswers.com

- Aging and disability resource center.

Meals on Wheels - Calcasieu (Calcasieu Council on Aging) www.calcoa.org

(337) 474-2583 & 1-800-223-5872 Fax: (337) 474-6563

Senior Prescription Assistance-Calcasieu Council on Aging www.calcoa.org

(337) 474-2583 or 1-800-223-5872 Fax: (337) 474-6563 (3950 Hwy. 14, Lake Charles 70607)

- SeniorRX-to assist seniors to link with assistance for obtaining their prescription medications.

Southwest Louisiana Independence Center (SLIC) www.slic-la.org

(337) 477-7194 & 1-888-403-1062 Fax: (337) 477-7198 (2016 Oak Park Blvd., Lake Charles 70601)

- They have medical equipment available for elderly or disabled who qualify at no charge. - FREE
- Direct Service workers to assist; does referrals and information
- Supervise independent living
- Supplies telephones & interpretive services for hearing impaired.
- Free hearing aid program, LCD Hearing aids

VITA (Volunteer Income Tax Assistance) Program

(337) 433-1088 Fax: (337) 433-3679 (United Way of SWLA)

Employment

Allen Career Solution Center

602 Court St., Oberlin, LA 70655

(337) 639-2175 Fax: (337) 639-2560

AmeriCorps

Impact Lake Charles Americorps

(337) 491-8735 Fax: (337) 491-8760 (326 Pujos Street, Lake Charles 70601)

- Provide community service activities for non-profit organizations.
- Tutor & mentor elementary children

Beauregard Business and Career Solutions www.laworks.net

(337) 462-5838 Fax: (337) 462-6115 (1102 W. 1st St., DeRidder 70634)

- Workforce training and employment services. Call for information.

Beauregard and Christian Women's Job Corps. www.beauregardcwjc.org

(337) 463-4451 mkoffice@centurytel.net (107 N. Pine St. Deridder 70634)

- Teaches life and job skills for women over 18 years old who are in need.

Care Help Sulphur www.care-help.org

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington, Sulphur 70663)

- Life Skills Class on Wednesday at 10 a.m.; after July they will be held at 112 E. Thomas
- Computer classes on Mon. from 6:00 to 7:30 p.m. and Wed. from 1:30 to 3p.m. at 112 E. Thomas in Sulphur.
- Bible classes on Tues. 8:00 to 9:00 am; open to people living anywhere, Call for info.

Experience Works www.experienceworks.org

(337) 433-4243 (715 Ryan St., Ste. 105A, Lake Charles, La. 70601)

- Provide training and job assistance to people ages 55 and older on limited incomes and not currently working.

Louisiana Work Incentive Program

(337) 962-3476 & 1-888-942-8104 Fax: (337) 896-2273 (111 Stonybrook Dr., Lafayette 70507)

- Information on work incentive for people on Social Security and help finding employment.
- Assist those receiving SSI or SSDI understand rules of working with their SS benefits
- Guide of: What To Do & When To Do

Louisiana Workforce Commission

(337) 475-4900 & www.laworks.net (4250 5TH Ave. , Lake Charles 70607)

- Job search, resume help, job fairs and more. Call for information.

Unemployment Claims www.laworks.net

1-866-783-5567

Family & Children's Services

BeauCARE

(337) 462-2273 Fax: (337) 462-2268 (628 High School Dr., P.O. Box 1779, DeRidder 70634)

www.beucares.org

- Provide information, referrals, education, parenting, training, and advocacy for families involved with OCS in Allen or Beauregard Parishes. Many more services than listed.
- Safe visitation center – provides supervised visitation for families in crisis in Allen, Beauregard, Calcasieu and Vernon Parishes.

Calcasieu Parish Animal Services and Adoption Center for Calcasieu www.petfinder.com

(337) 721-3730 or call 1-800-248-SPAY (5500A Swift Plant Rd., Lake Charles 70615)

- Spay Neuter Assistance Program – call for specific guidelines.

Family & Youth Counseling

(337) 436-9533 Fax (337) 439-9941 (220 Louie St., Lake Charles, LA 70601) www.fyca.org

- Classes, programs and support groups to assist families and children. See website for list.

Families & Friends of Louisiana's Incarcerated Children

(337) 562-8503 (188 Williamsburg Ave., Lake Charles, LA 70605) www.fflic.org

- Advocacy to promote education over incarceration and to assist families with children in the justice system.

Foreman-Reynaud Community Center www.baijul.org

(337) 436-2509 Fax: (337) 436-9843 (215 Albert St., Lake Charles 70601)

- Free homework assistance from 3 to 5 p.m. Mon. – Thurs.
- Drive Rite classes every other Sat. from 9 a.m. – 3 p.m.
- Free VITA tax services

Gulf Coast Teaching Family Services, Inc./Gulf Coast Social Services

(337) 436-6622 Fax: (337) 436-4403 (825 Ryan St., Suite 300, Lake Charles 70601)

- Community based service programs providing consultation, training and educational services to individuals and their families. Accepts Medicaid, insurance and private pay.

Volunteers of America Families & Children's Services

(337) 497-0034 Fax: (337) 497-0229

- Common Sense Parenting Class Curriculum with free classes to families with a child or adult receiving services through OBH or some private agencies. Sliding scale fee for others. Childcare available and refreshments provided. Call to RSVP.
- Interagency Service Coordination to develop plans for children with Emotional Behavioral Disorders who at risk of being removed from the home or school.

FEMA Assistance

FEMA

1-800-621-3362 www.fema.gov

- TO APPLY ON THE PHONE and ALL OTHER ASSISTANCE.
- FEMA rental resources – <https://asd.fema.gov/inter/hportal/home.htm> website

Legal Services

Acadiana Legal Services

(337) 439-0377 Fax: (337) 439-0636 (One Lake Shore Dr., Ste. 800 Lake Charles 70629)

- Evictions, contractor fraud, insurance issues.

Child Support Enforcement / La. Dept. of Children & Family Services

(337) 491-2111 & www.dcfslouisiana.gov

La Familia Resource Center

(337) 312-2906 Fax: (337) 312-2912 (3226 Lake St., Lake Charles 70601)

- Open Mon. –Thurs. from 9 to 4, FRI.- APPT ONLY
- They are a bilingual multiservice org that provides immigration assistance with a law-certified immigration law specialist.

Louisiana Civil Justice Center

1-800-310-7029 (504)355-0970

- Telephone intake and referral service for low income elderly or disaster affected Louisiana residents.
- Information and self-help resources provided to those who aren't qualified for free legal aid.
- Brief counsel and advice for Louisiana senior citizens.
- Intake and referral service for people seeking pro-bono oil spill claims assistance.

Southwest Louisiana Law Center (Formerly Southwest Legal Services)

(337) 436-3308 Fax: (337) 433-2523

- Handle legal questions and referrals for people needing legal assistance.
- 8:30 to 5:00 Monday – Friday, Closed 12:00 to 1:00 for lunch
- Photo ID required and \$50 consultation fees
- Not Legal Aid

The People's Advocate

(337) 436-3475 Fax: (337) 436-3476 (607 Ryan Street, Lake Charles, LA 70601)

- A foundation started to promote civil rights and social justice; to advocate for the rehabilitation and healing of children caught in the juvenile justice and child welfare systems; to end violence against women, children and animals; to fight for environmental justice and reduce exposure to toxic pollutants; and, to keep families together by helping to find legal and social solutions to immigration issues impeding family unity.

Referral Services

Best Buddies

www.bestbuddieslouisiana.org & www.ebuddies.org

(14423 Old Hammond Hwy., Ste. B, Baton Rouge 70816)

- Mentoring and friendship program for people with intellectual disabilities. Free e-mail pen pal program.

Educational & Treatment Council (ETC)

- Harbour House - (337) 433-6739 Fax: (337) 436-7720
- Outreach Center - (337) 433-1062 Fax: (337) 439-1094
- Providing intervention and prevention services that address at-risk youth and their families.

Families Helping Families www.fhfwla.org

(337) 436-2570 or 800-894-6558 Fax: (337) 436-2578 (2927 Hodges St., Lake Charles, 70601)

- Provide information, referrals, education, training, peer support and advocacy skills to individuals with disabilities and their families.
- Covers Allen, Beauregard, Calcasieu, Cameron, & Jeff Davis parishes.

F.I.N.S. (Families in Need of Services) Office of Juvenile Justice Services

(337) 721-3900 Fax: (337) 721-3907 (PO Box 2073, Lake Charles 70602)

- Assist in coordination of services for children who are self-destructive and need intervention.

Louisiana Assistive Technology

1-800-270-6185 & www.latan.org Fax: (225) 925-9560 (3042 Old Forge Dr. Ste. D. Baton Rouge 70808)

- Medical and assistive equipment distribution program after large-scale disasters
- Loans, low-cost refurbished computers, and other assistance to individuals with disabilities
- A.T. Market Place is a data base of used, free or low-cost equipment

Louisiana Dept. of Insurance www.lds.la.gov

1-800-259-5300 & Fax: 225-342-8622 (1702 N. Third St. P.O. Box 94214, Baton Rouge, La. 70802)

- For questions about insurance call for assistance

OCDD (Office for Citizens with Developmental Disabilities)

(337) 475-8045 Fax: 337-475-8055 www.ocdd.dhh.louisiana.gov (3501 5th Ave #CZ Lake Charles 70607)

310 Info, 2-1-1

Direct Dial 2-1-1 or 337-310-INFO (4636) or 1-866-310-INFO (4636) www.310info.org

- Call 310-INFO or 211 to find out about organizations in southwest and central Louisiana.
- They provide enrollment services for Manna Ministries. Resource information is available 24 hrs/7 days a week.

Veterans Affairs

1-800-827-1000 & www.va.gov

Transportation

Calcasieu Parish Public Transit System/Office of Community Service

www.cppj.net (337) 721-4040 & 721-4020 Fax: (337) 437-3397 (2424 3rd St. Lake Charles 70601)

- An application is required to participate in special transportation services, which upon approval, can be scheduled with 48-hour advanced notice.
- Grocery Shopping Service available for ages 65 or over every 1st and 3rd Saturday of the month from 9 am to 11 am and 1 pm to 3 pm. Individuals limited to one destination per trip.
- Job access and reverse commute from 5am to 11 pm

Medicaid Transportation

1-800-864-6034

Reduced Bus Rate Pass- Dept. of Public Works

(4334 East Broad St., Lake Charles 70601)

- Bring Medicare card and ID to Sarah Shelton to get blue card to ride bus for \$0.25

Volunteers Needed

Care Help of Sulphur www.care-help.org

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington, Sulphur 70663)

- Need volunteers.

Hobo Hotel for Cats

Contact Volunteer Coordinator Jean Smith at (337) 477-7001 or (337) 302-2670 or smithjkelly@suddenlink.net

- Recruiting volunteers to assist with the temporary or permanent care of cats.
- Children's program available for children accompanying an adult.

Office of Community Service www.cppj.net

(337) 721-4020 Fax: (337) 437-3397 (2424 3rd Street, Lake Charles 70601)

- Senior Volunteers through RSVP & TRIAD Programs
- Need volunteers for Senior Games

Volunteer Center of Southwest Louisiana

(337) 439-6109 or www.1-800-volunteer.org

- Call to find out about organizations needing volunteers in southwest and central Louisiana. Resource information is available through the call center Mon. – Fri. from 9 to 4.

Counseling Services

ABC Pregnancy Resource Center (Lake Charles) 9:00 – 3:00 M-F

(337) 433-2797 Fax: (337) 433-1334

Adoptions – Volunteers of America

(337) 497-0034 in Lake Charles & 1-877-291-6907 (24-Hour phone line)

Adult Protection

1-800-898-4910 Fax: (225) 342-9069

- Investigate abuse, neglect, exploitation and extortion of disabled people (ages 18 – 59)

Alcoholics Anonymous, Alateen, & Al-Anon

(337) 475-0022

Alcohol and Abuse Helpline

(337) 480-0120

Allen Behavioral Health Clinic

(337) 639-3001 Fax: (337) 639-3008 (402 Industrial Dr., Oberlin 70655)

Allen Parish Outreach

(318) 335-3578 Fax: (318) 335-3753 (Oakdale)

Alzheimer's Association

La. Chapter: 1-800-272-3900

Community Pregnancy Center

(337) 463-9500 & 1-800-259-1999

- Tues. & Wed. 9-2 & Thurs. 12-5

Beauregard Behavioral Health Clinic

(337) 462-1641 & Fax: (337) 462-1354

(106 W. Port St., DeRidder 70634)

Child and Adolescent Response Team (Lake Charles Behavioral Health Clinic)

(337) 475-8022 (8-4:30 Mon.-Fri.) Fax: (337) 475-8054 or 1-800-272-8367 (after hours, weekends and holidays)

- assistance for children and parents experiencing a crisis

Child Protection Hotline

(337) 491-2545

Fax: (337) 491-2654

Elderly Protection

1-888-491-2619 (196 Williamsburg, Lake Charles 70605)

Fax: (337) 475-3510

Emmanuel Counseling Center

(337) 485-9564

Family & Youth Counseling

(337) 436-9533 Fax: (337) 439-9941 & www.fyca.org

(220 Louie St., Lake Charles 70601)

Grieving Parents & Bereavement Group

(337) 598-4800

- Open to people who have suffered a loss and those that want to help them.
- Meet the 2nd Tuesday of the month at Central Library in Lake Charles from 6:30 to 8:30 p.m.

Gulf Coast Teaching Family Services, Inc./Gulf Coast Social Services

(337) 436-6622 Fax: (337) 436-4403 (825 Ryan St., Suite 300, Lake Charles 70601)

- Marriage and family therapy. Accepts Medicaid, insurance and private pay.

Jennings Medical Management Options

Adult Day Hosp. – (337) 527-7878 Fax (337) 527-7880

Lake Charles Behavioral Health Clinic

(337) 475-8022 Fax: (337) 475-4858 (4105 Kirkman Street, Lake Charles, LA 70607)

- Free open orientation every Tuesday at 12:45 p.m.

Louisiana Center for the Blind

866-444-4496 Wendy Jackson

Meaningful Minds of Louisiana/Extra Mile

(337) 237-2090 Fax: (337) 237-2083

(525 S. Buchanan Lafayette La 70501)

- Peer support program for the mentally ill. Mon. – Fri. 8-4:30 p.m.

MSU Project for the Treatment of Problem Gambling

(337) 475-5964 or (337) 475-5462

- Free - call to schedule an assessment.

National Council on Compulsive Gambling

1-800-522-4700 Fax: (318) 220-7579

New Life Counseling

(337) 474-7003 Fax: (337) 474-1282 (631 E. School Street Lake Charles)

- Appt only M-F 10-4 p.m. & Walk-ins M-W-F 10:30-2:30 p.m.

National Alliance for the Mentally Ill (NAMI) www.nami.org/sites/namiswla

(337) 433-0219 Fax: (337) 433-1860 (715 Ryan Street, Suite 203, Lake Charles 70601)

- NAMI Connections Support Group for adults with a mental illness meets Wednesdays at 5:00 pm at Maison D'Amis at 401 Gersten in Lake Charles.
- NAMI Support Group for families of individuals with mental illness diagnosis meets the 3rd Tuesday of each month at NAMI office – speaker from 6 to 7 pm and support group from 7 to 8 pm.

National Suicide Prevention Lifeline/ Veteran's Crisis Line

1-800-273-8255 (TALK)

Rachel's Vineyard of SWLA by the Diocese of Lake Charles

(337)439-7400 Ext. 317 www.rachelsvineyard.org Contact: Marjorie Long

- Healing the pain of Abortion, One Weekend at a Time.
- M-F 8:30-4:30 p.m.

Pregnancy Counseling – Volunteers of America

(337) 497-0034 in Lake Charles or 1-877-291-6907 (24-Hour phone line)

Rape Crisis Outreach

(337) 494-7273 or 1-866-570-7273 or (337) 494-7275

Samaritan Counseling Center www.samaritanswla.org

(337) 433-4357 Fax: (337) 433-9764 (833 Hodges St., Lake Charles 70601)

- Interfaith pastoral counseling and education
- Subsidized counseling dependent on income and family size.
- Can provide public speaking to churches and congregations (youth groups, women's or men's groups or special ministries) or caregiver groups.

University United Methodist Church www.universitymethodist.com

(337) 477-2003 Fax: (337) 478-8106 (3501 Patrick St., Lake Charles 70605)

- Faith based “CIRCLE UP SUPPORT GROUP” for consumers of mental health services.
- Meet every Tuesday night at 6:00. Contact person Mickey Shannon.

Mental Health Services

Many of these providers are for-profit and may require payment for services. Some may take insurance, Medicaid or have a sliding scale for services; please ask about payment plans when scheduling service.

Addiction Disorders

Addiction Center for Treatment

1-800-210-6085

Alcohol Drug Treatment Referral

1-800-454-8966

Allen Parish Outreach/Oakdale ADC

(318) 335-3578 Fax: (318) 335-3753

Cenikor Foundation – Joseph Brisco Treatment Facility

(337) 491-2355 Fax: (337) 491-2492

Beauregard OBH

(337) 462-1641 Fax: (337) 462-1354

Institute for Neuropsychiatry

(337) 477-7091 Fax: (337) 474-4552

Jeff Davis Addictive Disorders Clinic
(337) 824-4705 Fax: (337) 824-4827

Lake Charles Behavioral Health Clinic
(337) 475-8022 Fax: (337) 475-4858

Lake Charles Substance Abuse Clinic
(337) 433-8281 Fax: (337) 433-7938

New Horizons Counseling Center
(337) 478-1411 Fax: (337) 562-1489

Townsend Recovery

(337) 216-7502 in Lafayette & 1-800-504-1714 (Crisis Hotline) Fax: (337) 216-7542

Counseling – Personal & Family

Behavioral Health Center – Lake Charles

(337) 475-8022 Fax: (337) 475-4858 (4105 Kirkman, Lake Charles 70607)

Chadha Medical Rural Health Clinic – DeQuincy

(337) 786-5007 Fax: (337) 786-5009

Christian Counseling Clinic

(337) 474-1218 Fax: (337) 474-2929

Counseling Services of Southwest LA

(337) 431-7194 Fax: (337) 431-7198

Counseling, Hypnosis & Therapy Service

(337) 478-8273

Eddie Windham Family & Individual Counseling

(337) 302-0801 Fax: (337) 480-4067

Emmanuel Counseling Services

(337) 485-9564

Family and Youth Counseling Agency

(337) 436-9533 Fax: (337) 439-9941 www.fyca.org

Grandberry Counselors

(318) 335-1930 (Oakdale 1st Baptist Church)
Fax: (318) 335-0277

Jennings Medical Management Options

(337) 527-7878 Fax: (337) 527-7880

Kay Dore' Counseling Clinic at McNeese

(337) 475-5981 Fax: (337) 562-4221

www.kaydorecounselingclinic.com

New Horizons Counseling Center

(337) 478-1411 Fax: (337) 562-1489

Professional Counseling Services

(337) 855-1382

(1445 Sam Houston Jones Pkwy., Lake Charles 70611)

Quit Now Smoking Cessation Counseling

www.quitwithusla.org

1.800.Quit.Now(784.8669; 24 hr counseling line)

The Psychology Clinic – Lake Charles

(337) 474-2682 Fax: (337) 474-4601

Rehab Services of SWLA

(337) 433-3292 Fax: (337) 433-3293 (803 West Bayou Pines, Ste A, Lake Charles, LA 70601)

- Specializing in mental health of children, adolescents and adults. **Medicaid recipients only.**

Samaritan Counseling

(337) 433-4357 Fax: (337) 433-9764 (833 Hodges St., Lake Charles, 70601)

Shepherd's Way Counseling

(337) 478-1616 (710 W. Prien Lake, #104, Lake Charles 70601)

Hospitals with Mental Health Programs

Allen Parish Hospital Recovery Unit

(337) 738-9460 or 1-800-737-2527 Fax: (337) 738-9496/9466 (108 6th Ave., Hwy 190 W., Kinder, 70648)

Calcasieu Oaks

(337)439-8111 Fax: (337) 439-1970
(2837 Ernest St., Lake Charles 70601)

Christus St. Patrick Hospital

(337) 436-2511 Fax: (337) 491-7769
(524 Dr. Michael DeBakey Dr., Lake Charles 70601)

DeQuincy Memorial Hospital

(337) 786-1200 Fax: (337) 786-1219 (110 W. 4th Street, DeQuincy 70633)

Jennings Senior Care Hospital

(337) 824-1558 Fax: (337) 824-1561
(#1 Hospital Dr., Ste. 201, Jennings 70546)

Lake Charles Memorial Hospital

(337) 494-3000 Fax: (337) 494-3299
(1701 Oak Park Blvd., Lake Charles, 70601)

Oceans Behavioral Hospital – DeRidder

(337) 460- 9472 Fax: (337) 460-9473
1420 Blankenship Dr., DeRidder 70634

Oceans Behavioral Hospital – Lake Charles

(337) 474-7581 Fax: (337) 474-7582
302 W. McNeese St., Lake Charles 70605

Westend Hospital

(337) 616-8122 Fax: (337) 616-0590 (Med. Records); Fax: (337) 824-9401 (Nurse Station)
(1530 Hwy. 90 West, Jennings, 70546)

Psychiatrists

Advanced Psychiatric Services

(337) 310-0153 Fax: (337) 310-0202
• Dr. Paul Matthews, Diana Lynn Dearden, LPC, LMFT

Bridgeway Psychiatric Center

(337) 562-0211 Fax: (337) 562-0212 (3451 5th Avenue Lake Charles 70607)
• Charles Bramlet, M.D., Charles A. Murphy, III, M.D., Said Cantu, M.D.

Gulf Coast Psychiatry

(337) 562-8100 Fax: (337) 562-8356
• Garrett Ryder, M.D., Charles Robertson, Ph. D.

Institute for Neuropsychiatry

(337) 477-7091 Fax: (337) 474-4552
• Dale D. Archer, Jr., M.D., Charles A. Murphy, III, M.D., Kashimath G. Yadalam, M.D.,
Said Cantu, M.D., Sreelatha Pulakandum, M.D.

Lake Area Psychiatry

(337) 478-9331 Fax: (337) 478-9828
• Mike Mahony, M.D., David Buttross, M.D., Jayendra Patel, M.D., Marla Hires, M.D.

Psychiatric Services of Lake Charles Memorial Hospital

(337) 494-3262 Fax: (337) 494-2087 (1701 Oak Park Blvd. 10 Tower Lake Charles 70601)

- Said Cantu, M.D., Charles A. Murphy, III, M.D., Sreelatha Pulakandum, M.D.

Medication Assistance and Physical Health or Disability Services

Advocacy Center

Primary# 1-800-960-7705 & Lafayette # 1-800-822-0210 Fax: (504) 522-5507

(1010 Common St., Ste. 2600, New Orleans 70112)

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection from institutional resident's rights.

Allen P. August Multi-Purpose Center

(337) 437-3560 Fax: (337) 430-4796 1-800-542-7074 (2001 Moeling St., Lake Charles 70601)

- For SENIORS - medication assistance, blood pressure screening, cholesterol screening, blood glucose screening, and health education.
- For CHILDREN- medication assistance, vision screening, free children's eye glasses, health screenings and health education- Erica Kaough Health Care Coordinator.
- Dental Services for very low fee for children 2 to 17; limited availability for adults 18 and older.
- **Appointments necessary for all children and screenings.**

Calcasieu Community Clinic

(337) 478-8650 Fax: (337) 478-6196 (McNeese State University campus Juliet Hardtner Hall)

(P.O. Box 91775, 550 Sale Rd. Ste 217, Lake Charles, La. 70609)

- For low-income, working uninsured adults. One person in household needs to work at least 20 hours per week.
- Medically supervised weight loss program.
- Open Thursday's only. Call first for more information.

C.M.A.P. - Cenla Medication Access Program

318-443-7494 & 1-888-443-7494 and www.cmapr.org Fax: (318) 448-4473

- Serving people over 18 who meet income guidelines and do not have Medicaid, Medicare or private insurance. Covers entire state of Louisiana.

Children's Special Health Services (337) 480-2552 & Calcasieu Parish Health Unit (337) 478-6020

Fax: (337) 475-8613 (Calcasieu Parish Health Unit 3236 Kirkman St., Lake Charles 70601)

- Provides medical diagnostic and treatment services for eligible children who have health problems which require services beyond routine basic care. This includes children with disabilities, handicapping conditions and chronic illnesses of sufficient severity to cause or to be likely to cause impairments which could significantly limit life activities.
- Also work to assist pregnant women.
- Open 8 a.m. - 4:30 p.m. Mon. - Fri.
- Provide immunizations for all. 8:00-3:30 Mon. - Thurs.

Direct Care

(337) 436-5001 & Toll-Free 1-866-603-2273 Fax: (337) 436-5002 (3006 Common St., Lake Charles 70601)

- Non-profit agency that provides personal care services for persons of all ages within the autism spectrum and other developmental disabilities.

Kid Med

(877) 252-2447 or 1-800-259-4444

- Children's Medicaid- apply at local Medicaid office

LaChip

Call 1-877-252-2447 & www.medicaid.dhh.la.gov

- Total health care for children without insurance at no or low cost.

Louisiana Developmental Disabilities Council

1-800-450-8108 & www.laddc.org

Louisiana Rehabilitation Services

(337) 475-8038 Fax: (337) 475-8037 (3616 Kirkman St., Lake Charles 70607)

Toll Free: 800-520-0589 TTD# 337-475-8036

- Provides services to help persons with disabilities to obtain the job skills and other resources they need to get a job, keep a job and develop a career.

McNeese College of Nursing Immunization Clinic

Main # (337) 475-5991 & (337) 475-5820 (1st Floor of Hardtner Hall on McNeese Campus – 550 E. Sale Road, P.O. Box 90415 Lake Charles 70609)

- Vaccines for children up to 18 years of age on 1st & 3rd Tuesdays from 3:30 to 5 :30
- Closed when McNeese University is closed

Partners for Prescription Assistance

1-888-477-2669 www.pparx.org

- helps pay for medicine

Prescription Savings Program

1-877-789-6028 & www.togetherrxaccess.com

Patient Advocate Foundation

1-800-532-5274 Fax: (757) 873-8999 www.patientadvocate.org

- Offers free help in navigating healthcare systems
- Assist with insurance, job & debt financial issues and assist patients with chronic life-threatening illness

Senior RX (a program of the Calcasieu Council on Aging)

(337) 474-2583 & 1-800-223-5872 Fax: (337) 474-6563 (3950 Hwy 14, Lake Charles, La. 70607)

- Assist **anyone over 21 years of age** with a chronic illness to obtain medication through manufacturers' assistance programs. (Even psychiatric medication may qualify.)

Southwest Louisiana AIDs Council (SLAC)

(337) 439-5861 & 1-800-256-5145 Fax: (337) 436-8713 (1715 Common Street, Lake Charles 70601)

- ***Provides services for HIV positive persons*** – presentations, HIV counseling, testing, teen education, case management, food pantry, companion program, support groups, transportation, dental and eye care. They also offer free community presentations.

Southwest Louisiana Center for Health Services - WIC

(337) 439-9983 Fax: (337) 439-8898 (2000 Opelousas St., Lake Charles 70601)

Southwest Louisiana Independence Center (SLIC) www.slic-la.org

(337) 477-7194 & 1-888-403-1062 Fax: (337) 477-7198 (2016 Oak Park Blvd, Lake Charles 70601)

- Medical equipment available for elderly or disabled who qualify. Free CPT lab, advocacy, info and referrals

Emergency Medication

Allen P. August Multi-Purpose Center 1-800-542-7074

(337) 437-3560 Fax: (337) 430-4796 (2001 Moeling St., Lake Charles 70601)

- Once a year. Life sustaining medications only.

Care Help of Sulphur www.care-help.org

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington St., Sulphur 70663)

- For Sulphur and Carlyss only. No pain medications or psychiatric medications will be accepted.

Catholic Charities

(337) 439-7436 Fax: (337) 439-7435 (1225 2nd Street Lake Charles 70601)

- **No Narcotics Assistance Given.**
- Open Monday thru Friday 9-4:30 p.m. **Please call to make an appointment.**

Medical Facilities

Allen Parish Health Unit

(318) 335-1147 & Fax: (318) 335-2898 (145 Hospital Drive, P.O. Drawer 1121 Oakdale 71463)

Beauregard Parish Health Unit

(337) 463-4486 & Fax: (337) 462-2486 (216 Evangeline St., DeRidder 70634)

Calcasieu Parish Health Unit

(337) 478-6020 & Fax: (337) 475-8613 (3236 Kirkman St., Lake Charles 70601)

Cameron Parish EMS Services

(337) 542-4926 Fax: (337) 542-4924 (P.O. Box 248 Creole, LA 70632)

Christus St. Patrick Hospital

(337) 436-2511 & Admin Fax: (337) 491-7157 (524 Dr. Michael DeBakey Drive, Lake Charles 70601)

Dequincy Memorial Hospital

(337) 786-1200 & Admin Fax: (337) 786-1219 (110 W. 4th St. Dequincy 70633)

Hackberry Primary Rural Health Clinic

(337) 762-3762 & Fax: (337) 762-3838 (1020 Main Street, Hackberry 70645)

- Mon. 8 am – 5 pm; Tues. 7 am – 5 pm; Closed Wed.; Thurs., 7 am – 5 pm; Fri. 8 am – 3 pm

Jeff Davis Parish Health Unit

(337) 824-2193 & Fax: (337) 824-0794 (403 Baker Street, Jennings 70546)

- 8 – 4:30, Monday thru Friday

Jennings American Legion Hospital

(337) 616-7000 & Admin Fax: (337) 616-7034 (1634 Elton Rd., Jennings 70546)

Lake Charles Memorial Hospital

(337) 494-3000 & Admin Fax: (337) 494-3299 (1701 Oak Park Blvd., Lake Charles 70601)

Oakdale Community Hospital

(318) 335-3700 & Admin Fax: (318) 215-3013 (130 North Hospital Dr., Oakdale 71463)

South Cameron Memorial Hospital

(337) 542-4111 & Fax: (337) 542-7180 (5360 West Creole Hwy., Cameron 70631)

Southwest Louisiana Center for Health Services

(337) 439-9983 Fax: (337) 439-8898 (2000 Opelousas St., Lake Charles 70601)

- Mon., Wed., & Thurs. 8 am – 5 pm; Tues 10 am – 7 pm; Fri. 8 am – noon. Appointments only.

West Calcasieu Cameron Hospital

(337) 527-7034 & Admin Fax: (337) 527-4163 (731 Cypress St., Sulphur 70663)

W.O. Moss Regional

(337) 475-8100 & Admin Fax: (337) 475-8104 (1000 Walters Street, Lake Charles 70607)

Women & Children's Hospital

(337) 474-6370 & Admin Fax: (337) 475-4143 (4200 Nelson Road, Lake Charles 70605)

www.women-childrens.com

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