



Southwest Louisiana – (337) 433-6460 or toll-free at 1-866-405-2673.

*Resource Guide accurate as of 8/15/08 and subject to change without notice.*

### Counseling Services

#### **Volunteers of America – Louisiana Spirit**

(337) 433-6460 or 1-866-405-2673

- Free crisis counseling for persons affected by hurricanes Rita or Katrina.

#### **Access to Care**

1-866-794-4673 & [www.a2care.org](http://www.a2care.org)

- Provides assistance to eligible individuals with mental health and substance abuse treatment including medication. Enrollment closed, services covered through 11/14/08.

#### **ABC Pregnancy Resource Center**

(337) 433-2797

#### **Addictive Disorders Clinic**

(337) 475-4855

#### **Adoptions – Volunteers of America**

(337) 274-3447 (24-Hour phone line)

#### **Adult Protection**

1-800-898-4910

#### **Alcoholics Anonymous, Alateen, & Al-Anon**

(337) 475-0022

#### **Alcohol and Abuse Helpline**

480-0120

#### **Allen Mental Health**

(337) 639-3001 (Oberlin)

#### **Alzheimer's Association**

Louisiana Chapter: 1-800-272-3900

#### **Beauregard Crisis Pregnancy Center**

(337) 463-9500

#### **Beauregard Mental Health**

(337) 462-1641 (DeRidder)

#### **Child and Adolescent Response Team**

(337) 475-8022 (business hours) or 1-800-272-8367 (weekends and holidays)

- assistance for children and parents experiencing a crisis

#### **Child Protection**

(337) 491-2545

#### **Crisis Counseling After Hours**

1-800-273-8255

#### **Elderly Protection**

1-888-491-2619

#### **Emmanuel Counseling Center**

(337) 485-9564

#### **Family & Youth Counseling**

(337) 436-9533

#### **Grieving Parents & Bereavement Group**

(337) 598-4800

- Open to people who have suffered a loss and those that want to help them.
- Meet the 2<sup>nd</sup> Tuesday of the month at Central Library from 6:30 to 8:30 p.m.

**Jennings Behavior Health**

(337) 527-7878

**Lake Charles Mental Health**

(337) 475-8022 / 24 hour Crisis: 1-800-272-8367

**Leesville Mental Health**

(337) 238-6431 (Leesville)

**Louisiana Center for the Blind**

866-444-4496 Wendy Jackson

**Meaningful Minds**

(337) 886-3169

- Peer support program for the mentally ill

**MSU Project for the Treatment of Problem Gambling**

(337) 475-5964

- Free, call to schedule an assessment.

**National Alliance for the Mentally Ill (NAMI)**

(337) 433-0219 (715 Ryan Street, Lake Charles)

- NAMI Connections Support Group for adults with a mental illness meets Thursdays at 5:30 pm at Maison D'Amis at 401 Gersten in Lake Charles.
- NAMI Support Group for families of individuals with mental illness diagnosis meets the 3<sup>rd</sup> Tuesday of each month at NAMI office – speaker from 6 to 7 pm and support group from 7 to 8 pm.

**National Council on Compulsive Gambling**

1-800-522-4700

**New Life Counseling**

(337) 474-7003

**Pregnancy Counseling – Volunteers of America**

(337) 274-3447 (24 hour phone line)

**Rape Crisis Outreach**

(337) 494-7273 or 1-888-255-7273 or 494-7275

**Samaritan Counseling Center**

(337) 433-4357

- Up to 6 counseling sessions may be available to uninsured persons whose family income is under \$40,000 and were affected by hurricanes Katrina or Rita.
- Speakers' Bureau can provide free mental health speakers to churches and congregations (youth groups, women's or men's groups or special ministries) or caregiver groups.
- These services are for persons from Calcasieu and Cameron parishes. Contact Paul Godeaux, LPC, Program Director, for more information.

**University United Methodist Church**

(337) 477-2003 (3501 Patrick St., Lake Charles)

- Faith based “CIRCLE UP SUPPORT GROUP” for consumers of mental health services.
- Meet every Tuesday night at 6:00. Contact person Mickey Shannon.

**Vernon Pregnancy Resource Center**

(337) 239-9863

## **Mental Health Services**

*Many of these providers are for-profit and may require payment for services. Some may take insurance, Medicaid or have a sliding scale for services; please ask about payment plans when scheduling service.*

### **Addiction Disorders**

**Addiction Center for Treatment**

1-800-210-6085

**Allen Parish Outreach**

(318) 335-3578

**DeRidder Addictive Disorders Clinic**

(337) 463-7310

**Jeff Davis Addictive Disorders Clinic**

(337) 824-4705

**Lake Charles Substance Abuse Clinic**

(337) 433-8281

**Townsend Recovery**

(337) 475-2556 & 1-800-504-1714 (Crisis Hotline)

**Alcohol Drug Treatment Referral**

1-800-454-8966

**Brisco Detox/Treatment Center**

(337) 491-2355

**Institute for Neuropsychiatry**

(337) 477-7091

**Lake Charles Addictive Disorders Clinic**

(337) 475-4855

**New Horizons Counseling Center**

(337) 478-1411

**Vernon Alcohol & Drug Abuse Clinic**

(337) 239-2946 (Leesville)

### **Counseling – Personal & Family**

**Behavioral Health Center – Lake Charles**

(337) 479-2474

**Behavioral Health Center – Oakdale**

(318) 335-3390

**Chadha Medical Rural Health Clinic – DeQuincy**

(337) 786-5007

**Christian Counseling Clinic**

(337) 474-1218

**Counseling Services of Southwest LA**

(337) 431-7194

**Counseling & Therapy Service**

(337) 478-8273

**Eddie Windham Family & Individual Counseling**

(337) 302-0801

**Emmanuel Counseling Services**

(337) 485-9564

**Family and Youth Counseling Agency**

(337) 436-9533

**Grandberry Counselors**

(318) 335-1930 (Oakdale 1<sup>st</sup> Baptist Church)

**The Harbour – Leesville**

(337) 239-3093

**Jennings Behavioral Health**

(337) 527-7878

**New Horizons Counseling Center**

(337) 478-1411

**Kay Dore' Counseling Clinic at McNeese State University**

(337) 475-5981

**Professional Counseling Specialties**

(337) 477-0079

**Professional Counseling Services**

(337) 855-1382

**The Psychology Clinic – DeRidder**

(337) 462-2110

**The Psychology Clinic – Lake Charles**

(337) 474-2682

**Reflections of DeQuincy**

(337) 782-2191 (120 West 4<sup>th</sup> St., DeQuincy)

- Outpatient behavioral health program for seniors. Accepts Medicare and insurance payments.

**Resurrection Counseling**

(337) 497-1114

**Samaritan Counseling**

(337) 433-4357

**Hospitals with Mental Health Programs**

**Allen Parish Hospital Psychiatric Unit**

(337) 738-9460 or 1-800-737-2527

**Calcasieu Oaks**

(337)439-8111

**Christus St. Patrick Hospital**

(337) 436-2511

**DeQuincy Memorial (Reflections of DeQuincy – Senior Behavioral Health Only)**

(337) 786-1200

**Jennings Senior Care Hospital**

(337) 824-1558

**Lake Charles Memorial Hospital**

494-3000

**Oceans Behavioral Hospital – DeRidder**

(337) 460- 9472

**Oceans Behavioral Hospital – Lake Charles**

(337) 474-7581

**Westend Hospital**

(337) 616-8122

**Psychiatrists**

**Aneeta Afzal, M.D.**

(337) 477-7091

**Dale D. Archer, Jr., M.D.**

(337) 477-7091

**Bridgeway Psychiatric Center**

(337) 562-0211

**David Buttross III, M.D.**

(337) 478-9331

**Institute for Neuropsychiatry**

(337) 477-7091

**Jennings Behavioral Health Sulphur Center**

(337) 527-7878

**Lake Area Psychiatry**

(337) 478-9331

**Dr. Paul Mathews**

(337) 310-0153

**Charles A. Murphy III, M.D.**

(337) 477-7091

**Keith P. Nabours, M.D.**

(337) 474-1010

**Garrett Ryder, M.D.**

(337) 562-8100

**Recovery Center of Lake Charles Memorial Hospital**

(337) 494-3262

**Ehtesham U. Syed, M.D.**  
(337) 477-7091

**Kashinath G. Yadalam, M.D.**  
(337) 477-7091

## **Food & Clothing Services**

### **Abraham's Tent**

(337) 439-9330 (2300 Fruge St., Lake Charles)

- Lunches served 11:30 to 12:30 seven days a week.
- Food boxes Monday, Tuesday and Wednesday at 1:00. Bring ID with social security number.

### **Angel Food Ministries**

[www.angelfoodministries.com](http://www.angelfoodministries.com)

- \$30 food distributions monthly at various locations around southwest Louisiana.
- Website lists distributions sites, phone numbers to sign up and monthly menus of food available.

### **Basket of Blessings Food Pantry at Church of the King**

(337) 477-8890 (2145 Oak Park Blvd., Lake Charles)

- Distributions on Tues. from 8 to 9 a.m.
- Bring ID and proof of income

### **Beauregard Community Action Association, Inc.**

(337) 463-7263 & (337) 463-7895

(104 West Port St., DeRidder – near Council on Aging & Beauregard Mental Health)

- Food for Seniors, emergency food and shelter, Low Income Home Energy Assistance (LIHEAP), and utility bill deferment info. Must call for eligibility requirements and availability.

### **Christian World**

(337) 475-0157 (2001 East Gautier Rd. , Lake Charles)

- Food pantry on Thurs. from 9:30 to 10:30 in fellowship hall. Must have photo ID, proof of hardship or income and social security card on everyone in household.
- Seniors 60 and over commodity program on 3<sup>rd</sup> Friday of the month.
- Others receive a punch card good for 4 visits. All visits must be made in the quarter received. Only 1 card can be received in a year.

### **City of Refuge**

(337) 589-4407 (5899 Hwy 3112, Vinton)

- They occasionally receive furniture donations that they can share with those in need. Call to see if they have any available.

### **Faithshare Outreach**

(337) 905-1333

- Offer food, clothing and other assistance, but **not** rent or utility assistance.
- Must have a voucher from a non-profit organization.
- New Hours: 12 – 5 p.m. Mon., Wed., & Fri.

### **First Baptist Church of Westlake**

(337) 439-5758 (501 Sulphur Ave., Westlake)

- Open 10 to 12 on the 3<sup>rd</sup> Saturday of the month with food and clothes.
- Bring photo ID and proof of address. For residents of Westlake or Mossville/Westlake area.

**Food Stamps**

1-888-524-3578 & [www.dss.state.la.us](http://www.dss.state.la.us)

- Office of Family Support- Child Care Assistance Program for children under 13 and for disabled children under 18 yrs.

**Glad Tidings Food Pantry**

(337) 474-6080 (3501 Texas St., Lake Charles)

- Mon. – Thurs. 9 to 11:30 am. Bring photo ID and proof of income. Can use once every 3 months.

**Good Hope Missionary Baptist Church**

(337) 433-6791 (821 Sampson St., Lake Charles)

- Open the 3<sup>rd</sup> Saturday of the month from 8 to 9 am or for emergencies as needed.

**Greater St. Mary Missionary Baptist Church/ F.H. Dunn Resurrection Center**

(337) 494-7945 (1401 Moeling)

- Offering food and clothing on Tues., Wed., Thurs. 10 to 2.
- Must have proof of income.

**Jeff Davis Council on Aging**

(337) 824-5504

- USDA commodities, Food for Seniors, emergency food and shelter for all ages.

**LaHeap**

(337) 437-3560

- Food box can be available monthly if not on WIC – must register

**Manna Ministries – St. Luke Simpson Methodist Church**

(337) 310-INFO

- 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays 9:00-11:00 for food assistance.(Can use once a quarter.)
- **Must register through 310-INFO first.**

**Multi-Purpose Center or Calcasieu Parish Police Jury Office of Community Services**

(337) 437-3560 or 1-800-542-7074

- Food for seniors, mothers and children- call to register.

**Salvation Army Center of Hope**

(337) 433-4155 (3020 Legion St., Lake Charles)

- Mon, Wed, Fri. from 9 to 2:30. Can use once every 6 months.
- Photo ID required & Social Security number.

**Second Harvest Food Bank of Greater New Orleans & Acadiana**

(337) 237-7711 (Lafayette) and (504) 734-1322 (New Orleans)

- Food distribution to established food pantries and feeding sites & emergency/disaster supply.
- Call for the nearest distribution site.

**Seventh Day Adventist Church**

(337) 478-8353 (1537 Country Club Road, Lake Charles)

- Food & clothing distributions at the rear of the building on Tues. & Wed. from 8:30 to 12.

### **Shepherd's Inn Outreach of United Christian Fellowship Church**

(337) 433-1517 ( 2802 Opelousas Street, Lake Charles – In the yellow house)

- Food and clothing on Tues. & Thurs. 9 to Noon. Also Christian counseling and free Bibles.
- Bring photo I.D. and can use once every 60 days.

### **St. Memorial Church of God in Christ**

(337) 515-8760 (1717 Moeling St., Lake Charles)

- Food Pantry open twice a month on Saturdays from 9 to 11. Call to verify the week before.
- Bring proof of income and ID

### **Vernon Community Action Council**

(337) 239-4457

- USDA commodities, Food for Seniors, emergency food and shelter and low income home energy assistance and more. Must call for eligibility requirements and availability.
- Also providing weatherization in Beauregard, Calcasieu, Cameron and Vernon Parishes.

## **Referral Services**

### **Best Buddies**

(225) 226-1677 – [www.bestbuddieslouisiana.org](http://www.bestbuddieslouisiana.org) & [www.ebuddies.org](http://www.ebuddies.org)

- Mentoring and friendship program for people with intellectual disabilities.
- Free e-mail pen pal program.

### **Families Helping Families**

(337) 436-2570 or 800-894-6558

- Provide information, referrals, education, training, peer support and advocacy skills to individuals with disabilities and their families.

### **Louisiana Assistive Technology**

[www.latan.org](http://www.latan.org)

- Medical and assistive equipment distribution program
- Loans, computers, and other assistance to individuals with disabilities

### **Louisiana Dept. of Insurance**

1-800-259-5300 & Fax: 225-342-8622 (1702 N. Third St. P.O. Box 94214, Baton Rouge, La. 70804)

### **Louisiana Rebuilds.info**

<http://louisianarebuilds.info> & 1-877-LA-REBUILDS (1-877-527-3284)

- Listing of resources to help people in Louisiana.

### **OCDD (Office for Citizens with Developmental Disabilities)**

(337) 475-8045 Fax: 337-475-8045

### **310 Info, 2-1-1**

Direct Dial 2-1-1 or 337-310-INFO (4636) or 1-866-310-INFO (4636) [www.310info.org](http://www.310info.org)

- Call 310-INFO or 211 to find out about organizations in southwest and central Louisiana. Resource information is available through the call center Mon. – Fri. from 8 to 4:30. They also provide enrollment services for Catholic Service Center and Manna Ministries.

**Veterans Affairs**

1-800-827-1000

**Case Management & Multi-Assistance Agencies**

**Advocacy Center**

1-800-960-7705 & 1-800-822-0210

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection from institutional resident's rights.

**Allen Community Action Agency**

(337) 639-4348 (Oberlin)

- Headstart, energy assistance, toys for tots and weatherization.

**BeauCARE**

(337) 462-2273 Fax:: (337) 462-2268

- Multiassistance agency providing recreational, educational, and advocacy programs for residents of all ages in Beauregard Parish and Southwest Louisiana.

**Cameron Community Action/Cameron Council on Aging (Case Mgt. for Cameron Residents)**

(337) 905-6000

- Serving Cameron and lower Calcasieu Parish. Working with UMCOR and using case management to determine needs.

**Care Help Sulphur**

(337) 528-2273 (200 N. Huntington, Sulphur)

- Utilities, food, emergency medications, clothes for Sulphur residents.

**Caring Hands**

(337) 616-3081 (327 N. Main St. in Jennings)

- Qualified Jennings, Lake Arthur, Elton, Hathaway, Welsh & Evangeline residents only.
- Open Tues. – Fri. 1-4 & applications taken 1 – 3.
- Assists with utilities, some medications, food and clothing.

**Catholic Service Center - Social Services**

(337) 310-INFO or 2-1-1 (612 Louisiana Avenue in Lake Charles)

- Assists with rent, mortgage payments to prevent eviction, utilities, food, medical prescriptions.  
**Appointment Only.**

**Greater St. Mary Missionary Baptist Church/ F.H. Dunn Resurrection Center**

(337) 494-7945 (1401 Moeling, Lake Charles)

- Offering food and clothing on Tues., Wed., Thurs. 10 to 2.
- Call for social services, mental health and pastoral care. Donations needed.

### **Helping Hands Storefront Ministries**

(337) 238-3832 (603 South 3<sup>rd</sup> Street, Leesville)

- Food pantry, clothes center, housewares, furniture, home crisis center and more. ESL classes. Must have photo ID, SS card, proof of income or referral letter, and food stamp sheet.
- Wed. & Thurs. 9 to 12 & Fri. 9:30 to 12. **(Food is Fri. only 9:30 to 12.)**

### **H.O.P.E. Center -Helping Our People to Excel**

(337) 725-6536 (Hwy. 190 in Ragley)

- Serves Beaufort, Jeff Davis and Calcasieu parishes on Tuesday & Thursdays from 9 to 12. Food is distributed on the 4<sup>th</sup> Wednesday and Thursday.
- Serve Allen parish at Reeves Baptist Church on Wednesdays from 9 to 12 and distribute food on the 4<sup>th</sup> Friday.
- Also have clothing, school uniforms, shoes, senior citizen food.

### **LaHeap**

(337) 437-3560

- Commodities for mothers of children from 13 months to 5 years or elderly
- Assist with electric or gas bills twice a year based on income. No funds now, but have a waiting list that is done on a first come first served basis.
- Commodity food box can be available monthly if not on WIC – must register

### **Leesville Area Ministerial Alliance (LAMA)**

(337) 238-1959

### **Jeff Davis Parish Assistance Agency**

(337) 824-7800

- Food, medicine, utility, housing, legal services and many more. 8:00 to 4:30 Mon. - Thurs.

### **Manna Ministries of St. Luke Simpson United Methodist Church**

(337) 310-INFO or 2-1-1

- Every Wednesday from 9 am to 11 am, they will help with utilities-gas, electricity or water bills. Bring picture ID, current bill and social security number. Can get assistance once a year. **Must call 211 or 310-INFO to apply.**

### **SWLA Disaster Response Station**

#### **(Case Management project of UMCOR)**

(337) 436-6122 (2606 Common Street, Lake Charles) Monday – Friday 8 to 4.

- Making repairs to people's homes and lives in the five parish area

### **Vernon Community Action Council**

(337) 239-4457

- USDA commodities, Food for Seniors, emergency food and shelter and low income home energy assistance, weatherization and more. Must call for eligibility requirements and availability.

## **Elderly Assistance**

### **911-SNAP- Special Needs Assistance Program**

(337) 439-0811

- Voluntary program to assist elderly, special needs people or any person that may have limitations that need assistance to evacuate during an emergency.

**Allen Council on Aging**

1-800-256-2851 & [allencouncil@bellsouth.net](mailto:allencouncil@bellsouth.net) (e-mail)

- Get information on meals, home maker help, three transportation programs, respite care, Medicaid advice, medical help, Meals on Wheels and more.

**Beauregard Council on Aging**

(337) 463-6578 & (337) 463-9694

- Meals, good health habits, material aids, medication alert program, legal, visiting, utility help, Meals on Wheels and more.

**Benefits Check Up**

[www.benefitscheckup.org](http://www.benefitscheckup.org)

- Assisting seniors identify financial benefits for which they may not know they qualify.

**Better Business Bureau of SWLA**

(337) 478-6253 or 1-800-542-7085

**Calcasieu Multi-Purpose Center**

1-800-542-7074 or (337) 437-3560

**Calcasieu Parish Council on Aging**

(337) 474-2583

- Utility assistance, prescription assistance, homemakers services (light housekeeping twice a month), meals on wheels, medical alert button, Medicare part D assistance with people to assist elderly to apply. For ages 60+.

**Calcasieu Parish Sheriff's Office**

(337) 263-4563-Gene or (337) 263-4370 (2122 Moeling, Lake Charles)

- Elderly Services- offering transportation for ambulatory senior citizens, assist seniors to go thru the court system, assist to retain restraining orders or to pick up food/commodities, medication and transport to doctors appointments.

**Cameron Parish Council on Aging (Grand Lake)**

(337) 598-5158 or (337) 905-6000

- Call for referrals 8:00 thru 4:00, Monday thru Fri.
- Provides transportation, meals on wheels, congregate meals, medical equipment, medication management, homemaker services, nutrition education, caregiver services, housing assistance and the agency is the case management for Cameron Parish Disaster services.

**Experience Works**

(337) 433-4243

- Provide training and job assistance to people ages 55 and older on limited incomes and not currently working.

**Eye-Care America's Seniors Eye Care Program**

1-800-222-3937

- Free exam and up to a year of treatment for persons 65 and older.
- Call to find out if you qualify.

**Jeff Davis Counsel on Aging**

(337) 824-5504

- Offers assistance with food, medications, transportation, housekeeping, sitters, utilities, recreation, education, exercise classes and general well being. Some minimal donations may apply. Emergency food and shelter given when needed to all ages in Jeff Davis Parish.
- Aerobics classes 5 days a week.

- Alzheimers meeting every other month on the first Tuesday.
- Southwest Legal Aid on 2<sup>nd</sup> Tuesday of month at 10 a.m. by appointment only.

### **Louisiana Answers**

[www.louisianaanswers.com](http://www.louisianaanswers.com)

- Aging and disability information station.

### **Meals on Wheels**

1-800-223-5872

- Calcasieu Council on Aging.

### **Senior Prescription Assistance-Calcasieu Council on Aging**

(337) 474-2583 or 1-800-223-5872

- SeniorRX-to assist seniors to link with assistance for obtaining their prescription medications.

### **Southwest Louisiana Independence Center (SLIC)**

(337) 477-7194 & 1-888-403-1062 (1202-C Kirkman Street, Lake Charles)

- They have medical equipment available for elderly or disabled who qualify. Call for information.

### **Vernon Council on Aging**

(337) 239-4361 (Leesville)

### **Visual Communication Services**

1-866-473-0308 (Vernon Parish & Alexandria area)

- Free phone equipment for hearing impaired. Hearing aid program for low income elderly.

### **VITA (Volunteer Income Tax Assistance) Program**

(337) 433-1088 (United Way of SWLA)

- Assistance in completing income tax forms and filing for Economic Stimulus Payment from government.
- **ESP deadline to claim \$300 payment from IRS is by October 15<sup>th</sup>.**

## **FEMA Assistance**

### **FEMA**

1-800-621-3362

- TO APPLY ON THE PHONE and ALL OTHER ASSISTANCE.
- FEMA rental resources – <https://asd.fema.gov/inter/hportal/home.htm>

### **FEMA Help Line**

1-866-562-2381

- Mobile home travel trailer inquiries and other answers.

### **FEMA Trailer Repairs**

- Various Parishes Maintenance - Agbayani 866-525-0911

## **Housing Assistance**

### **CARC – Housing**

(337) 433-3620

- HUD housing for people with disabilities

**Habitat for Humanity**

(337) 497-0129 (Local office in Lake Charles.)

**Louisiana Housing Search Service**

[www.lahousingsearch.org](http://www.lahousingsearch.org)

**Low Income Home Energy Assistance Program**

(337) 437-3560

- To assist residents in Calcasieu Parish to meet the financial needs of their fuel costs. Multi-Purpose Building- **Appointment only.**

**Permanent Supportive Housing Program**

(337) 497-0034 (A program run by Volunteers of America.)

- Housing with case management assistance for a household in need of housing who has a member with a disability, earns less than 30% AMI and is in need of supportive services. **Ask for PSH program.**

**Project Build a Future**

(337) 439-2646 – Call only on Mon., Wed. or Fri.

- A non-profit corporation committed to building and selling quality, affordable housing. Call to obtain an application.

**The Road Home**

1-888-762-3252 & [www.Road2La.org](http://www.Road2La.org)

- Registered applicants may receive housing assistance or buyouts.

**Self-Help Housing**

(337) 433-1476 (715 Ryan St., Suite 105, Lake Charles)

- Local USDA program for low income families outside the Lake Charles city limits or rural areas. Money for land and construction. **Has a waiting list; not for immediate assistance.**

**SWLA Homeless Coalition****Transitional Housing**

(337) 433-6282

- Mothers with children who are victims of domestic violence. Affordable Home Ownership; Emergency Shelter Grants; Shelter Plus Care

**Continuum of Care Housing Program**

(337) 433-6282

- For mentally or physically ill persons.

**Town of Oberlin Housing Program**

(337) 639-2551 (Phone often busy and mailbox full; better to go in person.)

- Rental assistance for disabled head of household or spouse over age 18 living in Oberlin.
- Applications can be picked up at the Town of Oberlin City Hall where a representative is available on 1<sup>st</sup> and 3<sup>rd</sup> Wed. of the month.

### **USDA Office-FHA-Rural Development Housing Programs**

Calcasieu/Cameron/Beauregard Ross Maxwell 337-262-6602 ext. 120

Jeff Davis/Allen Parish call Vicki Simon 337-262-6602 ext. 115

Lake Charles (337) 436-5020

- Build, buy or repair program for low income property owners

### **Volunteers of America Mental Health Housing Services**

(337) 497-0034

- Housing available for mentally ill persons who qualify.

### **Volunteers of America Crisis Domiciliary Program**

(337) 497-0034

- For severely mentally ill adults. Referrals must come through the Office of Mental Health.

### **Volunteers of America Elderly Housing in Welch and Elton**

(337) 497-0034

- For 62 years old and up who have a low income.
- Currently have several openings in both locations.

## **Housing Repairs**

### **Rebuilding Together**

(337) 433-1755 Fax: (337) 433-1766

- Help to make repairs to houses for low-income families, the elderly, and the disabled.
- Same income requirement as for Section 8 housing. **Calcasieu Parish only.**

## **Transportation**

### **Reduced Bus Rate Pass- Dept. of Public Works**

(4334 East Broad St. , Lake Charles)

- Bring Medicare card and ID to Sarah Shelton to get blue card to ride bus for \$0.25

### **Calcasieu Parish Public Transit System**

(337) 721-4040 (2424 3<sup>rd</sup> St. Lake Charles)

- An application is required to participate in special transportation services, which upon approval, can be scheduled with 48-hour advanced notice.
- Grocery Shopping Service available for ages 65 or over every 1<sup>st</sup> and 3<sup>rd</sup> Saturday of the month from 9 am to 11 am and 1 pm to 3 pm. Individuals limited to one destination per trip.

### **Medicaid Transportation**

1-800-864-6034

## **Employment**

### **AmeriCorps**

#### **Impact Lake Charles**

(337) 491-8735 (326 Pujoe Street, Lake Charles)

- Provide community service activities for non-profit organizations.
- Recruiting now!

### **Beauregard Career Solutions**

(337) 462-5838

- Workforce training.

### **Beauregard Christian Women's Job Corps**

(337) 463-4451 & mkoffice@centurytel.net

- Teaches life and job skills for women over 18 years old who are in need.

### **Care Help Sulphur**

(337) 528-2273 (200 S. Huntington, Sulphur)

- Life Skills Class on the 2<sup>nd</sup> Friday of the month from 1 to 3.
- Open to people living anywhere, Call for more information.

### **Experience Works**

(337) 433-4243

- Provide training and job assistance to people ages 55 and older on limited incomes and not currently working.

### **Jefferson Davis Work Force Center**

(337) 824-2797 & [www.laworks.net](http://www.laworks.net) (203 E. Academy, Jennings)

### **Louisiana Work Incentive Program**

(337) 962-3476 & 1-888-942-8104

- Information on work incentive for people on Social Security.

### **Louisiana Workforce Commission**

1-866-783-5567 or (337) 475-4900 & [www.laworks.net](http://www.laworks.net) (4250 5<sup>TH</sup> Ave. , Lake Charles)

## **Legal Services**

### **Child Support Enforcement**

(337) 491-2111

### **Louisiana State Bar Association Coordinators**

1-800-310-7029

- Free legal help over the phone only; for Louisiana residents.

### **Southwest Louisiana Law Center (Formerly Southwest Legal Services)**

(337) 436-3308

- Handle legal questions and referrals for people needing legal assistance.
- 8:30 to 5:00 Monday – Friday, Closed 12:00 to 1:00 for lunch
- Photo ID required and must qualify for assistance through screening

## **Family Services**

### **BeauCARE**

(337) 462-2273 (DeRidder)

- Provide information, referrals, education, parenting, training, case management and advocacy for families involved with OCS in Allen or Beauregard Parishes. Many more services than listed.

### **Calcasieu Parish Animal Services and Adoption Center for Calcasieu and Cameron**

(337) 721-3730 or call 1-800-248-SPAY

- Spay Neuter Assistance Program

### **Foreman-Reynaud Center**

(337) 436-2509

### **Volunteers of America Attendant Care Service Program**

(337) 497-0034

- Working with disabled individuals in their homes and in the community.

### **Volunteers of America Family Support Groups**

- Heart 2 Heart Parenting Support Group meets the 4<sup>th</sup> Thursday of the month from 5:30 to 7:00 pm.
- Grandparents Raising Grandchildren Support Group meets the 2<sup>nd</sup> Friday of the month from 10 to 11 am.
- Free supervised childcare and refreshments provided during the support groups.

## **Education**

### **American Red Cross**

(337) 478-5122

- Hurricane preparedness, CPR, first aid, aquatics and water safety and babysitting training.

### **Care Help Sulphur**

(337) 528-2374 - Call for dates and times. Classes open to people living anywhere

- Classes on computers, GED and English as a second language.
- Life skills classes – budgeting, job skills, etc., varies month to month.

### **Foreman-Reynaud Center**

(337) 436-2509

- Praise dance on Thurs. from 5 pm – 6 pm
- Lighthouse Club – social club for ages 50 and older, call for details.
- After school program begins after Labor Day. Call for details.

### **Literacy Council**

(337) 494-7000 (809 Kirby, Suite 126, Lake Charles)

- They help improve reading skills, teach financial literacy, computer skills, GED, Pre-GED, adult education and English as a second language.
- After school program for youths needing assistance with school courses.

### **National Alliance for the Mentally Ill (NAMI)**

(337) 433-0219 (715 Ryan Street, Lake Charles)

- Family to Family – Classes in Fall for this 12-class course for parents and caregivers of adults with mental illness.
- Basics – Classes begin in Spring for this 6-class course for parents and caregivers of children with mental illness.
- Call for dates times and places.

## **Volunteers of America Parenting Education Classes**

(337) 497-0034

- Common Sense Parenting Curriculum with free classes to families with a child or adult receiving services through OMH or some private agencies. Sliding scale fee for others.
- Heart to Heart Parenting Support Group meets on 4<sup>th</sup> Thursday of the month from 5:30 to 7 pm. Grandparents Raising Grandchildren Support Group meets the 2<sup>nd</sup> Friday of the month from 10 to 11 am.
- Childcare available and refreshments provided. Call to RSVP.

## **Medication Assistance and Physical Health or Disability Services**

### **Advocacy Center**

1-800-960-7705 & 1-800-822-0210

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection from institutional resident's rights. Case management program for people over 50 affected by Hurricanes Katrina or Rita.

### **Calcasieu Community Clinic**

(337) 478-8650

- McNeese State University campus Juliet Hardtner Hall. Free health care and medications for those who qualify, low-income, working uninsured adults. (Dental program on wait list and not accepting applications at this time.)
- On Thursday's only. Call first for more information.

### **Children's Special Health Services**

(337) 478-6020 (Calcasieu Parish Health Unit 3236 Kirkman St., Lake Charles)

- Provides medical diagnostic and treatment services for eligible children who have health problems which require services beyond routine basic care. This includes children with disabilities, handicapping conditions and chronic illnesses of sufficient severity to cause or to be likely to cause impairments which could significantly limit life activities.
- Also work to assist pregnant women.
- Provide immunizations for all. 8:00-3:30 Mon. - Thurs. Call for Fri. hours.

### **C.M.A.P. – Cenla Medication Access Program**

318-443-7494 & 1-888-443-7494

- Serving people over 18 who meet income guidelines and do not have Medicaid, Medicare or private insurance.
- Covers Allen, Avoyelles, Beauregard, Bienville, Bossier, Caldwell, Catahoula, DeSoto, Evangeline, Grant, Jackson, Jeff Davis, LaSalle, Lincoln, Natchitoches, Rapides, Red River, Sabine, Union and Vernon Parishes.

### **Direct Care**

(337) 436-5001 & Toll-Free 1-866-603-2273 (625 Ryan St., Suite 20 Lake Charles)

- Non-profit agency that provides personal care services for persons of all ages within the autism spectrum and other developmental disabilities.

### **Kid Med**

(337) 491-2439 or 1-800-259-4444

- Children's Medicaid- apply at local Medicaid office

**LaChip**

Call 1-877-252-2447 & [www.LAChip.org](http://www.LAChip.org)

- Total health care for children without insurance at no cost.

**Louisiana Developmental Disabilities Council**

[www.laddc.org](http://www.laddc.org)

**Louisiana Rehabilitation Services**

(337) 475-8038 (3616 Kirkman St., Lake Charles)

- Provides services to help persons with disabilities to obtain the job skills and other resources they need to get a job, keep a job and develop a career.

**McNeese College of Nursing Immunization Clinic**

(337) 475-5536 (1<sup>st</sup> Floor of Hardtner Hall on McNeese Campus, Lake Charles)

- Vaccines for children up to 18 years of age every Tuesday from 3:30 to 5 :30

**Multi-Purpose Center**

(337) 437-3560 (2001 Moeling St., Lake Charles)

- For SENIORS - medication assistance, blood pressure screening, cholesterol screening, blood glucose screening, and health education.
- For CHILDREN- medication assistance, vision screening, free children's eye glasses, health screenings and health education- Erica Kaough Health Care Coordinator.

**Partners for Prescription Assistance**

1-888-477-2669 [www.pparx.org](http://www.pparx.org)

- helps pay for medicine

**Prescription Savings Program**

1-877-789-6028

**Patient Advocate Foundation**

1-800-532-5274 [www.patientadvocate.org](http://www.patientadvocate.org)

- Offers free help in navigating healthcare systems

**Senior RX (a program of the Calcasieu Council on Aging)**

(337) 474-2583 & 1-800-223-5872

- Assist **anyone over 21 years of age** with a chronic illness to obtain medication through manufacturers' assistance programs. (Even psychiatric medication may qualify.)

**Southwest Louisiana AIDs Council (SLAC)**

(337) 439-5861 & Fax:: (337) 436-8173 (1715 Common Street, Lake Charles)

- Provides services for HIV positive persons – presentations, HIV counseling, testing, teen education, case management, food pantry, companion program, support groups, transportation, dental and eye care. They also offer free community presentations.

**Southwest Louisiana Center for Health Services - WIC**

(337) 439-9983 (2000 Opelousas St., Lake Charles)

**Southwest Louisiana Independence Center (SLIC)**

(337) 477-7194 & 1-888-403-1062 (1202-C Kirkman Street, Lake Charles)

- They have medical equipment available for elderly or disabled who qualify. Call for information.

## Emergency Medication

### **Allen P. August Multi-Purpose Center**

(337) 437-3560

- Once a year. Life sustaining medications only.

### **Care Help of Sulphur**

(337) 528-2273

- For Sulphur and Carlyss only. No pain medications or psychiatric medications will be accepted.

### **Catholic Services Center for Emergency Relief Services**

(337) 310-INFO

- Calcasieu Parish residents only. No pain medications or anti-depressants accepted. Tuesday, Wednesday and Thursday 8:30 to 12:00. **Must apply at 310-INFO or 2-1-1.**

### **United Way of SWLA Help Line**

(337) 436-6633

## Medical Facilities

### **Allen Parish Health Unit**

318-335-1147

### **Beauregard Parish Health Unit**

(337) 463-4486

### **Calcasieu Parish Health Unit**

(337) 478-6020

### **Cameron Parish EMS Services**

(337) 775-5111

### **Cameron Parish Health Unit**

(337) 775-5368 Fax: (337) 775-5367 (107 Recreation Center Lane, Cameron – Behind courthouse)

- Mon. – Fri. from 8 to 4:30.

### **Christus St. Patrick Hospital**

(337) 436-2511 (524 S. Ryan Street, Lake Charles)

### **Dequincy Memorial Hospital**

(337) 786-1200

### **Hackberry Primary Rural Health Clinic**

(337) 762-3762 (1020 Main Street, Hackberry)

- Mon. 8 – 5, Tues. & Thurs. 7-5, Fri. 8-3. Closed Wed.
- Immunizations & flu shots by appointment only.

### **Jeff Davis Parish Health Unit**

(337) 824-2193 Fax: (337) 824-0794 (403 Baker Street, Jennings)

- 8 – 4:30, Monday thru Friday

### **Jennings American Legion Hospital**

(337) 616-7000

### **Lake Charles Memorial Hospital**

(337) 494-3000 (1701 Oak Park Blvd., Lake Charles)

**Oakdale Community Hospital**

(318) 335-3700 (130 Hospital Dr., Oakdale)

**South Cameron Hospital Rural Clinic**

(337) 905-4111 (10080 Gulf Hwy., Lake Charles 70607)

- Open Monday – Thursday, 7:00 to 3:00 and Friday 7:00 to noon. Closed 12 to 1 for lunch.
- Will take walk-ins and appointments.

**South Cameron Memorial Hospital**

(337) 542-4111 (5360 West Creole Hwy., Cameron)

**Southwest Louisiana Center for Health Services**

(337) 439-9983 (2000 Opelousas St., Lake Charles)

- Appointments only.

**West Calcasieu Cameron Hospital**

(337) 527-7034

**W.O. Moss Regional**

(337) 475-8100 (1000 Walters Street, Lake Charles)

**Women & Children's Hospital**

(337) 474-6370 (4200 Nelson Road)

**Volunteers Needed****Office of Community Service**

(337) 721-4020 (2424 3<sup>rd</sup> Street, Lake Charles)

- Senior Volunteers through RSVP & TRIAD Programs, Food for Single Moms & Seniors & Senior Health Care Program
- Child Home Day Care
- LaJet
- JARC- Medicaid program that can give you a ride to work or school and emergency transportation
- Adult Public Riders Program – cost \$0.65 to \$3.75 to transport adults, disabled persons, or adults with children to appointments
- Senior Olympics

**SWLA Volunteer Housing & Coordination Center**

(337) 217-0428 or [www.swlavols.org](http://www.swlavols.org) (1104 Recreation Blvd., Lake Charles)

- Volunteer housing and coordination for the Calcasieu Long Term Recovery Group

**Volunteer Center of Southwest Louisiana**

(337) 439-6109 or [www.1-800-volunteer.org](http://www.1-800-volunteer.org)

- Call to find out about organizations needing volunteers in southwest and central Louisiana. Resource information is available through the call center Mon. – Fri. from 9 to 4.

## Housing Authorities

### **Calcasieu Parish Housing Authority**

(337) 721-3577

- Waiting list on section 8

### **Dequincy Housing Authority**

(337) 786-2381

### **Jennings Housing Authority**

(337) 824-5642

### **Lake Arthur Housing Authority**

(337) 774-3692

### **Leesville Housing Authority**

(337) 238-1912

### **Oakdale Housing Authority**

(318) 335-0712

### **Sulphur Housing Authority**

(337) 527-5248

### **Vinton Housing Authority**

(337) 589-5331

### **DeRidder Housing Authority**

(337) 463-7288

### **Housing Authority of Iowa**

(337) 582-6730

### **Kinder Housing Authority**

(337) 738-2077

### **Lake Charles Housing Authority**

(337) 436-7628

### **Merryville Housing Authority**

(337) 825-8770

### **Oberlin Housing Authority**

(337) 639-2625

### **Vernon Parish Housing Authority**

(337) 537-0339

### **Welsh Housing Authority**

(337) 734-2647

## Homeless Shelters

### **A.C. Dowden Memorial Shelter**

(337) 238-5328 (128 VFW Road, Leesville)

- Men, women and children accepted.

### **Calcasieu Women's Shelter or Women and Children Victims of Domestic Violence**

(337) 436-4552 or 1-800-223-8066

- For Women and children who are victims of domestic violence

### **City of Refuge**

(337) 589-4407 (5899 Hwy 3112, Vinton)

- For single men

### **ETC- Apartments Available for Homeless Youth Ages 16-21**

(337) 477-2434

- Call to apply and any agency can refer. Provides transitional housing.

### **Freedom Mission – Faith Based Substance Abuse Program & Shelter**

(318) 697-2028 (Logansport, LA)

- No Charge; applicant must call Brother Wayne Jones for interview.
- 6 month commitment, but can stay longer if doing well.
- Males and females accepted & dependent children may be allowed.

**Harbour House**

(337) 433-6739

- Unaccompanied youth 3-17 years of age. An emergency shelter and takes referrals from agencies.

**Jeff Davis Council on Aging**

(337) 824-5504

- Offering emergency food and shelters for all ages if needed in Jeff Davis Parish only.

**Jeff Davis C.A.D.A.**

(337) 616-8418

- Shelter for abused women (not homeless) and their children

**June N. Jenkins Women's Shelter/Beauregard Community Concerns**

(337) 462-1452

- Shelter for abused women (not homeless) and their children and resources to assist victims of domestic violence even if they are not in the shelter.

**Lord's Place**

(337) 494-6277 (126 Kirkman, Lake Charles)

- For single men ages 18 and over.

**Matthew 25:40 (Nepenthe House)**

(337) 430-0888 (1414 Martha St., Lake Charles)

- Men with aids or recovering from alcohol/drug abuse. Referrals by agencies only.

**Potter's House**

(337) 477-1116 (3233 Kirkman, Lake Charles)

- For women and women with children

**Salvation Army Center of Hope**

(337) 433-4155 (3020 Legion St., Lake Charles)

- For men only.
- Check-in time is from 4:30 p.m. to 5:30 p.m.

**Welcome House**

(337) 783-7066 (Crowley, Louisiana)

- For men and women, single or married, but cannot sleep together.
- Call first. They can accept people from outside their region.

**--End of Document--**



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**GREATER BATON ROUGE**